

Inform' Accueil

**DEFENSE,
CARING
AND SUPPORT**

*in a
100%
human way!*

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Fédération des familles d'accueil
et ressources intermédiaires
du Québec



Inform' Accueil

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**Fédération des familles d'accueil
et ressources intermédiaires
du Québec**

A WORD FROM *the president*



An Autumn Marked by Renewal

It was another busy spring, to say the least. However, vaccination has allowed us to reconnect with our loved ones and enjoy more flexible health measures during the summer. I hope you took advantage of that. Fall is also a time of renewal at the FFARIQ, thanks to the hard work of everyone involved.

Collective Agreement Approved by the FFARIQ FFs

The negotiations for the new collective agreement with the Ministry of Health and Social Services represented a large part of our actions over the past year: 41 meetings with the Ministry, numerous readings and internal meetings, discussions, consultations, and many hours of writing. On July 20, the agreement in principle that I presented to you was adopted by 98.4% of you, our foster family members.

This agreement (2020-2023) will come into effect as soon as it is signed by the Minister in September or early October. Our requests were numerous and based on your needs as well as the

Provincial Tour

This fall, I will begin a provincial tour of the 8 regions with Chantale St-Pierre, consultant for the FFARIQ. Chantale is a former manager who had a career at the DYP and the CIUSSS of Mauricie. She is very familiar with the reality of foster families and was a precious help in preparing the negotiations and the development of the demands for the new collective agreement. Together, we will present the major changes of this new agreement and how to integrate and implement them in your daily life.

The FFARIQ team is now busy planning and preparing the necessary steps for the implementation and application of this new collective agreement. You will have access to all the information through our different communication channels.

Symposium: Always One Step Ahead for You!

I am pleased to announce that unless there are changes beyond our control, the symposium will be held in person this year at the Levis Convention Centre. We all look forward to seeing you there to discuss, share, support, learn and exchange. And since the FFARIQ is "Always one step ahead for you," we are innovating this year by offering you the Saturday conferences and the Sunday AGA in a hybrid formula. Thus, even if distances prevent you from being with us in Levis, we will join virtually to be all together.

You will find more information about our symposium in the Events section of this Inform'Accueil. Register early.

**I look forward to meeting you again!
See you soon,**

major issues of the last 5 years. We are proud to have obtained changes and progress on the following points:

- Training.
- Collaboration with institutions.
- Conditions for stability.
- Security.
- Compensation.

Also, many clarifications have been made to the texts in order to eliminate the problematic areas and situations encountered in recent years. As a result, your conditions are greatly improved, and the importance of your role is more and more recognized.

With this collective agreement, we have succeeded in taking forward the cause of foster families and in improving the conditions under which services are provided. It is with great hope that we are looking to the near future to see what actions will follow the recommendations of the Laurent Commission report.

GENEVIÈVE RIOUX
FFARIQ PRESIDENTE

A handwritten signature in black ink that reads "Geneviève Rioux".

EVENTS

To come



To put in your **agendas**

October 16th :

ANNUAL CONGRESS

October 17th :

PROVINCIAL AGA

Always One Step Ahead for You!

Our annual symposium will be held this year, both in person and virtually, on October 16 and 17, 2021, at the Convention Center in Levis. As we experienced last year, getting together, even virtually, feels great! Wherever you are in Quebec, you will be with your fellow foster families.



Food, Music and Fun!

After a day rich in content, will follow a cocktail and an elaborated banquet dinner. This will be the occasion to draw many prizes among our participants. Afterwards, it's time for music with the Famous Live Band! The remarkable voices of Carolane Cloutier, Mathilde Rochon and Geoffrey Larivière, supported by solid musicians, will have you clapping your hands and feet to the best pop music hits, from Madonna to Black Eyed Peas and many others.





Conferences

Understanding the Unspoken to Better Support

In this world where it is so easy to send messages in all forms, it is often very difficult to really understand what is going on. Our speakers this year will focus on two issues that often hide great emotional needs and extreme vulnerability.



Geneviève Vohl

Geneviève Vohl will be speaking on the prevention of cyber addiction, cyber crime and hypersexualization among youth. Her conference will allow you to learn more about these subjects, but also how to protect our children. Ms. Vohl worked for a few years as a volunteer at the Cyber-aide Centre before becoming its assistant director. As a psychologist, she offers training to health professionals, conferences to children, teenagers and parents, and works with a diverse pediatric clientele in a private clinic.



Christian Martineau

Christian Martineau will present his conference "The secrets of non-verbal communication between parents and children". Mr. Martineau graduated with an Executive MBA from the University of Sherbrooke and embarked on a 3-year training program in non-verbal communication. It changed his life! If verbal communication (words) represents only 7% of communication (Albert-Mehrabian - 1971), imagine how much you can learn by demystifying all the non-verbal communication and the intonation of your interlocutor! Mr. Martineau can give the meaning of more than 2,500 unconscious gestures. He specializes in grasping gestures, that is, gestures concerning the relationship between the body and objects. In this conference, you will certainly learn many tricks to better decode the messages that your children send you.



Provincial AGA

On Sunday, October 17, we will be holding our Provincial Annual General Assembly. Please make sure you have signed your card in order to attend.

We can't wait to see you!

DECODED LAWS AND *regulations*

COLLECTIVE DISAGREEMENT ON EXPENSE REIMBURSEMENT

In 2014, the FFARIQ filed a collective and ongoing disagreement regarding various FF claims related to reimbursable expenses incurred for users. Specifically, this disagreement addresses the entitlement to reimbursement for expenses provided for:

- in the collective agreement.
- in the ministerial circular.
- in the directive on reimbursable expenses during travel and other inherent expenses as well as on prescriptions by professionals and health.
- all other claims authorized by the Act.

In short, the disagreement covers all types of existing fees related to the services to be provided to the user and that the institution refuses to reimburse.

Court Decisions

The arbitration tribunal heard a few test cases of claims as early as 2014 and ruled favourably on some of them. The institutions appealed this decision and in April 2021, the Quebec Court of Appeal ruled to uphold the arbitrator's decision. The institutions have decided not to take this decision to the Supreme Court of Canada. Therefore, the dispute is back before the arbitration tribunal.



What We Must Do *Now*

The arbitrator suggests that, before proceeding further, the parties (i.e., the FFARIQ and the institutions) attempt to reach an agreement on the settlement of the fees that have not yet been decided. Therefore, we need your help.

We have sent you a chart to list all fee claims that have not been reimbursed or allowed between July 2014 and October 1, 2021. You need to get this list and supporting documentation to us quickly. Thank you to those FFs who have already done so.

With this information in hand, we can negotiate with institutions. If we are unsuccessful, we are scheduled to have the arbitration tribunal hear the case quickly.

LIFE Story!

Gisèle Gignac and Gaétan Lussier, 70 years old, foster family for 28 years
Family-type resource (FTR)


 You have to try
 to put yourself
 in their shoes

Providing a Safe Place for Over 100 Children

Gisèle and Gaétan became FF in the Gaspé/Les Îles region nearly 30 years ago. At the time, they had two biological boys who are now 45 and 42 years old. They have welcomed more than 100 children, sometimes 7 at the same time. Most of these children are between the ages of 7 and 18 and have found a haven at Gisèle and Gaétan's home. However, in response to an urgent need, the couple agreed to take in a 3-year-old girl a few years ago, whom we will call Sunshine, at Gisèle's suggestion. Here is her story and the story of a couple who show empathy with a capital "E".

THE ARRIVAL OF SUNSHINE

Gisèle and Gaétan have a well-established lifestyle with the preteens and teens in their care. They regularly go to their cottage, make a fire, stay up a little later. When the social worker approached them about taking in a 3-year-old girl, Gisèle and Gaétan were hesitant. How could they reconcile the pace of life of such a young child with that of their grown-ups? In the end, it was their big hearts that made the decision: they were going to try. If everything went well with the other 4 children, the little one could stay. If not, the social worker would have to find another family.

Sunshine was in the care of an aunt (a local foster family), but she was finding it difficult to care for the 3-year-old.

Developmental delay, attachment disorder, hyperactivity: these problems represented great challenges to overcome. The Lussier-Gignac family opened their door to her. From the start, the four other children in the family took the little girl under their wing and protected her like their little sister.

The situation was not easy. The little one got up at 5:00 a.m. every morning. Her hyperactivity and attachment disorder meant that she demanded, and still demands, a lot of attention. She may repeat her questions and requests over and over again until she is attended to. It can be a real hassle to have such a "nagging" little sister for preteens and teens!

As soon as she arrived in the family, Sunshine had numerous follow-ups every week (orthotherapist, occupational therapist, physiotherapist) to help her catch up on her developmental delay, notably a weakness in her lower limbs and inability to hold a pencil to draw, as well as deficiencies in fine motor skills. Little Sunshine never gave up, always enthusiastically taking part in the weekly exercises that the educator, who came to her home, put her through.

Perseverance is an important trait for this little girl who is entering Grade 3 this fall. Although she has doubled up on her preschool because of her developmental delay and despite learning difficulties, she works hard, wants to get ahead and takes her homework and lessons to heart. For example, in addition to the 20 minutes of daily study time that the other children do, Sunshine does an extra 30 minutes of work to catch up, voluntarily and without grumbling. It's partly by highlighting Sunshine's successes that both the school and the Lussier-Gignac's motivate the young girl to persevere and give it her all. She is very happy when she sees a "B" for "well" on her assignments and exams.

"For our Sunshine, school is like therapy. She has friends, she has her social network. School is positive," says Gisèle. We know what she can give. We set goals just high enough for her to experience success and gain confidence in her abilities. With each small success, she catches up.

DEVELOPING LONG-TERM RELATIONSHIPS

Gisèle and Gaétan have always had a house full of tweens and teens. How do they keep it together? "The approach is different. It requires more supervision and communication. At that age, they compare themselves with others, and that's normal. They're going to want to go home at midnight and do what their friends are doing. You have to take the time to explain to them that when you live with several people, as we do, a parent has to stay up even to wait for one child, and the next day, it's a race that starts early in the morning. It is important to make people aware that every action has an impact on the other members of the family. These children are often in their 2nd or 3rd placement where each family had its rules. These kids are very resilient!"

This great empathy that Gisèle shows, she also has it towards the biological parents with whom she maintains a good relationship. "I put myself in their shoes. Sometimes parents are at the end of their rope. They are experiencing a failure, it's not easy." I often say that if one of my children had been

placed, I would have been the worst birth mother in the world, because I would have wondered why I hadn't been able to raise him and how another family could do it."

One of the things she remembers is a young girl with a drug addiction whom she and her partner took in a few years ago. The girl's father had left his loving spouse because he could no longer tolerate his daughter's abuse. He felt he was at the end of his rope and was afraid of physically losing control. So he preferred to leave. After her stay with the Lussier-Gignac's, the girl returned to her parents who are living together again. With the support given to her by Gisèle and Gaétan, the young girl stopped using drugs and today, she works with young addicts.



GRATEFUL YOUTH

When the young people leave the Lussier Gignac family, they leave a little message. Gisèle particularly remembers Annie's message: "You are not responsible for the failure that I am. For once I found a real father and a real mother and for some bullshit, I was forced to enter a youth centre at 17." And also that of Fannie, who has been with them for less than a year:

"You allowed me to regain control over my life".

Gisèle and Gaétan greatly appreciate the many small and large successes they have experienced with the 100 or so children who have lived with them. Before making the choice to become FF, they were considering buying a seniors' residence. However, the crying need for FF and Gaétan's experience as the vice-president of the Grands frères de la vallée du Richelieu led them to want to help children in need. If they had to do it all over again today, they would make the exact same decision!

"Les Chamoureux" is a painting made by an artist who wanted to represent by a cat each of the children who were welcomed by Gisèle and Gaétan.



TIPS FROM *the pros*



POSITIVE APPROACH, THE ANSWER TO MANY PROBLEMS

SETTING THE SCENE:

You get together as a family after months of not seeing each other. You are relieved to finally be together, excited, feverish, and somewhat anxious. Mother Nature seems unsure of what she will deliver for the day, but a small tent is provided just in case... The long-awaited moment finally arrives. You arrive at the outdoor gathering place. You notice that your sister has gained weight since you saw her, that your brother is still talking loudly, that your mother doesn't stop for two minutes to enjoy the precious time you have, that your father is grumpy, as always. The kids are running around you as you pass, and you drop your drink on your pants. And to top it all off, it starts to rain.

POSSIBLE REACTION:

You tell yourself that, in the end, it's all the same with these family meetings. The excitement ends in discouragement, you are exhausted. What did you miss? You roll your eyes, criticize out loud or in your head the behaviour of your loved ones. The rain gives you a reason to end the activity and return to the comfort of your home.

Do you recognize yourself in this type of situation?

What if I told you that the main part of the problem is your brain, what would you say?

Identifying problems, what is not working as it should, possible collateral effects, solutions to ensure our safety and survival, that's what our brain is conditioned to do. What if it was time to teach it something else, to condition it differently? This is what I propose with the positive approach. Reconditioning our brain (or going back to our childhood brain) in order to see the beautiful, to bring out the strengths, to leave behind the apprehensions that tint our daily experiences.

A child's brain would have a completely different perception of said family reunion.

Grandpa is funny with his grumpy face. Grandma is nice to help us and to pick up for us. Auntie is so warm with her hugs and kisses. Our uncle always manages to tell us good stories! Oops, we spilled daddy's drink, but that's okay, it's just pants. How great it was to have fun with my cousins and run around in the rain.



Quite a different experience, isn't it? Much more lightness and small pleasures in the second one, yet they were in the same party.

Are you starting to see where I'm going?

I suggest that you catch yourself, catch your negative thoughts on the fly, to transform them into positive thoughts or at least, constructive thoughts. We are the bosses of our brain; we control where our attention goes. Let's take control back!

What is the positive approach in family coaching?

- It is choosing to see our children's strengths BEFORE their difficulties.
- It is choosing appreciation and reinforcement over denigration.
- It is accepting imperfections and unforeseen events with all the beauty and diversity they bring.
- It is having confidence that children can improve day by day if we support and love them.
- It is leaving aside the power relationship to enter collaboration towards a common goal: the well-being.
- It is accepting that there are bad days even when we manage to stay in the positive approach!

What do all these beautiful orientations lead to? Well, it results in less guilt for the adult, more rich moments shared with the children, fewer irritants piling up, more self-esteem for everyone!

Here are some resources to learn more and get started;

<https://stephaniedeslauriers.com/soutenir-le-developpement-dune-bonne-estime-personnelle-chez-nos-enfants-grace-a-la-discipline-bienveillante/>
<https://wellnesstogether.ca/fr-CA/adopter-une-approche-positive>
<https://haitreetgrandir.com/fr/dossier/parentalite-positive-expliquee/>
<https://www.penserchanger.com/9-habitudes-simples-pour-rester-positif/>
<https://positivia.fr/comment-devenir-plus-optimistes/>



Marie-Pier Gagnon,
psychoeducator & trainer

For your team of trainers at





INTER- *regions*

To ensure that all foster families are treated fairly from one region to another, we are working to harmonize practices and procedures and implement solutions to some regional inconsistencies. Discover the latest advances.



JEAN-FRANÇOIS RIOUX

LCCA COORDINATOR FOR THE
FFARIQ AND REGIONAL VICE-PRE-
SIDENT MAURICIE AND CENTRE-DU-
QUÉBEC

Phone : 819 696-8594
jfrioux@ffariq.ca

Hello dear foster families,

As soon as the agreement in principle has been signed by the Minister, Chantale and I will begin a tour of the institutions. We will present this new agreement to them, paying particular attention to explaining the changes and their impact on the daily lives of foster families. I will come back to you with the details once everything is signed. Of course, there will be a period of adaptation. Fiscal feedback is expected. I will inform you when the time comes.

Training

If health measures allow it, we will advocate for face-to-face training because they also represent an opportunity for socialization, exchange and sharing for FFs. We will also offer online training in order to provide an alternative for families who have availability or travel limitations.

In addition to training that will help you in your role with children, such as ADHD or attachment disorder training, we will also feature vignettes to help you with the more technical and administrative aspects of your role. For example:

- Guardianship.
- The adoption process.
- Getting to know the DYP and the representation of resources in court.
- Roles and legal responsibility of the resource.
- Roles and legal responsibility of the FFARIQ with the resources.
- Demystify what parental attributes are.

If there are other legal topics you would like to see covered, please let me know. We are also working on developing training on financial aspects (taxes, payroll, etc.).

ECHO OF *regions*

Find out what's happening in each region: training, regional tour, issues of concern to foster families and, of course, answers.



In case ...

you have not yet subscribed to the private Facebook group in your different regions and would like to become a member now, here is the procedure to follow:

- 1 Sign up by sending an email to the local Facebook account manager;
- 2 Search Facebook by entering the administrator's ID and then make a friendship request. When it is accepted, you can be included in the group and you can ask your questions.

THE INFORMATION NECESSARY FOR ACCESSING THE FACEBOOK OF THE REGIONS IS AS FOLLOWS:

REGION	ADMINISTRATOR	EMAIL	IDENTIFICATION
Mauricie/Centre du Québec	Sylvain Bilodeau	sbilodeau@ffariq.ca	Sylvain Bilodeau
Côte Nord	Mélanie Gagnon	mgagnon@ffariq.ca	Melanie Gagnon
Québec	Francine Boutin	fboutin@ffariq.ca	Francine Boutin
Gaspésie	Mélanie Gagnon	mgagnon@ffariq.ca	Mélanie Gagnon
Laval	Annie Blouin	ffariq13@outlook.com	Annie Blouin
Outaouais	Lucie Renaud	lucierenaud63@gmail.com	Lucie Renaud
Laurentides	Louise Fleurent	laurentidesffariq@gmail.com	Laurentides
Batshaw	Ross Wilson	patriotic01@hotmail.com	Ross B Wilson



MAURICIE CENTRE-DU-QUÉBEC REGION

From left to right: Martin Legault (South Shore reception director), Johanne Blais (treasurer), Linda Labbé (North Shore reception director), Jean-François Rioux (vice-president), Sylvain Bilodeau (president), Nadia Perron (social committee), Vélany Lafrenière (BM reception director), Christiane Houle (secretary), Sylvain Cadoret (com. and social committee director).

Absent: José Dionne (director)

Hello to you dear foster families,

As I write this, the summer season is coming to an end, and we are preparing for our children to go back to school. I hope that you have taken full advantage of this vacation to spend some quality time with them.

Here's a little review since the last issue of the Inform'Accueil:

Annual Regional Meeting (ARM)

On June 6th, we had our ARM. We had 17 people registered in person and 4 in videoconference with the TEAMS platform. The participation was very low, if I compare it with the other years.

There were no elections this year and due to COVID and the health rules in place, we were not able to find a speaker for the afternoon as we did in other years. No major issues were raised at the meeting. The provisional budget was accepted without opposition.

Agreement in principle

Then we had the vote on the agreement in principle. For this, we held two meetings: one in the morning and one in the evening. In the morning, we had 50 registrations and in the evening 47 registrations. The presentation made via Teams by Mrs. Geneviève Rioux went very well - except for a few technical problems in the morning that were solved by the team at Complexe Laviolette.

The union representative who was assigned to our region, Mrs. Maude Delagrave, has left the FFARIQ to take a position in another field than the union in children's resources. If you have any request for modification of the specific agreement (closing of a place, closing of the resource, temporary freezing of a place..), you can send it to me at my email address sbilodeau@ffariq.ca and I will take care of sending the forms or letters to the institution.

Private regional Facebook

Does daycare get paid for our mixed-bank kids when we return to work after parental leave? Can we put this on our tax return?

No. For daycare, if it is a clinical recommendation from the institution and it has been recorded in the child's classification, then yes, the institution will reimburse daycare. But always ask for a pre-authorization, because sometimes workers will advance on what is reimbursed or not.

For taxes, since they are not our children and we receive an amount from the Minister to take care of them, they will not pay for two places.

On behalf of myself and the members of my committee, I wish you a wonderful end of the summer.



SYLVAIN BILODEAU
REGIONAL PRESIDENT
MAURICIE CENTRE-DU-QUÉBEC
Phone : 819 696-8592
sbilodeau@ffariq.ca

Sylvain Bilodeau

CÔTE-NORD REGION

From left to right: Mélanie Gagnon (President) and Valérie Tremblay (Director and Vice-President)
Absent: Annie Bernatchez (Secretary) Mélanie Bézeau (Treasurer)

Dear families,

Here we are already almost into fall. Summer has gone by at breakneck speed and the back-to-school routine has already started.

Annual Regional Meeting (ARM)

Our summer was packed with, among others, our ARA in June. Only eight families were present, either face-to-face or through the platform Teams. A fairly low participation rate, but we hope that when we resume our breakfast activities, we will meet you in large numbers again.

Agreement in principle

On July 20, during the presentation of the agreement in principle, more than 20 families voted for the new agreement and I saw smiles on many faces. Whether it is for the contact calendars or any other points that the team had to seek for, the families present were able to observe the colossal work of the last years of the FFARIQ. You have communicated to us your pride in being part of this great family. Since several of you were not present during the presentation of the agreement in principle, we will organize a regional meeting to detail how to apply it.

I wish all of you a good back-to-school and back to work!



MÉLANIE GAGNON

REGIONAL PRESIDENT

CÔTE-NORD

Phone : 418 587-0209

mgagnon@ffariq.ca

Mélanie Gagnon

GASPÉSIE / LES ÎLES REGION

From left to right: Martine Boudreau (Secretary) and Sylvie Anglehart (Treasurer)
Absents: Mélanie Gagnon (Interim regional president) and Sandra Bourdages (Director)

Dear foster families,

Here we are already in September! It seems to me that the last year went by too fast again. We were able to take a break from some of the sanitary measures, which have changed slightly. Hoping for a rather calm fall as well.

Annual Regional Meeting

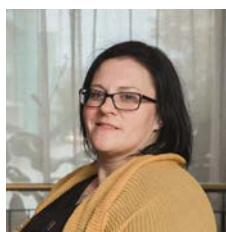
In June, your annual regional meeting was held with only one family attending per Teams and two people from my committee. I was a little disappointed with the low participation rate. Hopefully, there will be more of you at future meetings, either by Teams or in attendance.

Agreement in principle

On July 20th, the presentation of the agreement in principle took place in person. Eight people were present and four by the Teams platform to vote on the acceptance of our collective agreement. The families present were very satisfied with the negotiations made by the FFARIQ team. The increased recognition and protection of foster families were highlighted by the families present.

We have noticed that for some time now, families have been receiving quality discrepancies that are not, according to the frame of reference, disagreements. I invite you to contact me at **418 587-0209** if you have received any. If you have any questions, I am here.

Have a good fall!



MÉLANIE GAGNON

INTERIM REGIONAL PRESIDENT

GASPÉSIE/LES ÎLES

Phone : 418-587-0209

mgagnon@ffariq.ca

QUEBEC REGION

From left to right: Francine Boutin (Treasurer), Christiane Robitaille (President) and Patricia Ancil (Secretary) Absent: Johanne Bouffard (Vice-President) and Ginette Girard (director)

Hello to you dear foster families,

The Quebec City committee continues to be on the lookout for the needs of the region's resources.

Annual Regional Meeting

The annual regional meeting held on June 18 was appreciated by all, both in person and by videoconference. Several current topics were discussed during this meeting and the lunch was enjoyed by everyone!

Agreement in principle

Finally, the vote on the agreement in principle for the next 3 years was positive. Therefore, by the fall, everything should be finalized and concluded! The FFARIQ is always on the lookout to support resources, and continues its work in collaboration with the regions!

I wish you a beautiful fall!
Your regional committee.

Private regional Facebook

Do annual dentist fees (basic cleaning, which is not covered by the RAMQ) need to be pre-approved? Since it normally comes up every year?

Yes. Even with clear ministerial guidelines, it is always best to have the institution's approval.



CHRISTIANE ROBITAILLE

REGIONAL PRESIDENT

QUEBEC

PHONE : 418 262-4222

crobaille@ffariq.ca

Christiane Robitaille

BATSHAW REGION

From left to right: Ross Wilson (Vice-President), Brenda Gortler (Treasurer), Claudette Gauthier (President) and Darlene Oliver (Secretary).

Dear foster families,

Annual Regional Meeting

I would like to thank all the resources that took the time to come to our annual regional meeting. The committee and I would like to thank you for your confidence in our services.

Agreement in principle

As you know, the agreement in principle was accepted by 98.5% - same thing for the new collective agreement.



I would like to take the time to give special thanks to our provincial president, Ms. Geneviève Rioux, who has been involved in 14 months of negotiations to get us to where we are today. Her hard work, dedication and determination for better conditions for resources is impressive. The Batshaw families and our executive wish to thank her for a job well done.

I want to encourage all of our foster families to join our Batshaw Facebook page where news is updated. It is also the best place to ask your questions in confidence.

With that said, I wish you all a great fall!

Stay safe.



Private regional Facebook

Are the school fees paid for?

Yes, they are. They are included in our August salary.

If supplies exceed the August amount, contact your resource worker before submitting invoices.



CLAUDETTE GAUTHIER

REGIONAL PRESIDENT
BATSHAW
Phone : 514 796-4491
cgauthier@ffariq.ca

OUTAOUAIS REGION

From left to right: Josée Dorion (Director), Lucie Renaud (Treasurer)
Absent: Carole Desjardins (President)

Dear foster families,

YAY!!! After weeks of waiting and hard work, we finally have an agreement in principle. You were invited to participate in this presentation made by Mrs. Geneviève Rioux, provincial president, on Tuesday July 20, 2021. Your participation in the morning was greatly appreciated, as was your participation in the evening. Many of you participated by videoconference in the comfort of your living room. After receiving several Messenger messages, I conclude that everything was up to your expectations. It was worth it, as they say: everything comes to those who can wait.

Annual Regional Meeting, June 21, 2021

Some of you joined this meeting by videoconference. On the agenda: explanation of the follow-ups of the meetings at the Board of Directors and discussion of the follow-ups of the negotiations.



The negotiation

For us foster families, the renewal of the collective agreement will be a new beginning, as it is the time to take concrete action. It is now time to **offer you the recognition you deserve**. Ms. Geneviève Rioux, provincial president, is carrying out these negotiations with skill. The main priorities to be achieved in the renewal of the collective agreement must allow resources to accomplish themselves and to practice their profession with pride and recognition.

I often hear: "Well, it takes a long time". Yes, but basically, negotiations are long, and proposals are often blocked. If we want to promote our work, we need someone at the head of the ship who is our figurehead. Ms. Geneviève Rioux is that person. She is also tenacious, so when everything is ready for an agreement in principle, it is to your advantage.

Private regional Facebook

Transportation reimbursement: How to complete the whole thing?

In the column Types of expenses, you enter transportation to go. In the column Precision, you write home-school-home if you are going back home. Or return transportation. So you will be reimbursed the total of the round trip a.m. and p.m. Don't forget one line per transport, so line 1 = transport a.m. line 2 = transport p.m. But if you are going to take the child to school and back to work, you have to stop calculating the number of kilometers to school. The youth centre does not reimburse mileage from school to work, but it does if you are going home. Also include your pre-authorization. You also enter the total mileage. In the amount column, you do not enter anything.

Date	Numéro Usager	Type dépenses	Qté	Précisions	Pièces jointes
N° dépense	(Aucun nom d'usager)	(N'écrite qu'un seul transport par ligne)	Km	(RTF-École, laisse jeune- RTF)	risation
2017-11-01	B1234567	Transport -Retour	Nb de Km	Retour de l'école – (RTF-École-RTF)	Préauto- risation
2017-11-02	B1234567	Dentiste		Nettoyage et examen (1 fois par année)	Facture et reçu
2017-11-02	B1234567	Transport - Aller	Nb de Km	Visite chez les parents (RTF-Parents-RTF)	Préauto- risation
2017-11-04	B1234567	Transport - Retour		Visite chez les parents (RTF-Parents-RTF)	

The next meeting for the Board of directors will be September 11, 2021. After this meeting, we will proceed with a tour of the regions. You will be notified of the locations, dates and times. Thank you on behalf of the entire regional committee team. Do not hesitate to contact the regional office at **819 923-5081** or the central office in Quebec City at **1 866 529-5868** for any questions.

Please know that we are always available to answer your questions, to defend your point of view in front of the institution and to support you in this wonderful, but not always easy, daily life that is ours as foster families! In conclusion, one word cannot do justice to all the actions and achievements accomplished by this seasoned and committed team.

We have a beautiful region - a great region - together we will be strong and we will travel endlessly.

Have a good fall!



CAROLLE DESJARDINS
REGIONAL PRESIDENT
OUTAOUAIS
Phone : 819 923-5081
cdesjardins@ffariq.ca

LAVAL REGION

From left to right: Fatiha Chihai (Vice-President) Annie Blouin (President) and Natacha Étienne (Secretary) Absent: Manon Lanthier (Treasurer)

Hello dear foster families,

Annual Regional Meeting

We had 34 participants at our annual regional meeting held on June 15th in person. During this meeting, we reviewed the membership meetings, the financial statements and the summary of the Board of Directors for the past year. It was a nice meeting with constructive discussions.

Post-Board of Directors Meeting

At the end of September, a meeting will be held following the Board of Directors. At the request of the members, we are planning a meeting in which only parents will participate. Contrary to other years, this meeting will not be combined with a family outing to pick apples. We will let you know the date as soon as possible.

Agreement in principle

Many of you were anxious for the agreement in principle to be concluded. You have told us so on our private Facebook page. The points discussed at the negotiation table by the president of FFARIQ were a predominant topic at our meeting. They generated many questions and comments.

Following the presentation of the agreement in principle, only 5 members and 4 staff were present to vote. The vote of the region was unanimously favourable. A big round of applause to Ms. Rioux for this great day of work!



ANNIE BLOUIN
REGIONAL PRESIDENT
LAVAL
Phone : 514 292-3564
ablouin@ffariq.ca

Annie Blouin

LAURENTIDES REGION

From left to right: Ghislaine Pelletier Robitaille (Regional president) Louise Fleurent (Treasurer)
Absent: Chantal Derisse (Director)

Hello to you all,

First of all, I would like to thank Ms. Céline Nadeau who filled the position of regional president during my absence. I am back among you for this last year of my mandate.

Agreement in principle

The time to update myself and I will once again be able to fully meet your needs. I hope that together we will take the time to fully understand the new collective agreement that will soon be signed by the Minister. It is essential that we fully understand the issues at stake. The better informed we are, the easier it will be to enforce our rights and understand our obligations. We will be winners.

We need support on the regional committee. **We have a few positions to fill!** It is very important for our resources that we stay present and active.

We are making every effort to be present at this year's General Assembly, while obviously respecting public health guidelines.

We look forward to seeing you again!



GHISLAINE PELLETIER ROBITAILLE

REGIONAL PRESIDENT
LAURENTIDES
Phone : 450 858-3644
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Ghislaine Pelletier Robitaille

PARTNERS *benefits*

Discounts and privileges: one of the benefits of being part of the big FFARIQ family.

Upon presentation of the FFARIQ privilege card, these merchants have agreed to give discounts to members of the Fédération des familles d'accueil et ressources intermédiaires du Québec. A big thank you!



l'Assembleuse — offrir la mémoire —

10% discount on products offered if you mention the promo code. Drawing at the Annual General Assembly. Prize: 1 Adoption diary and 1 Life diary, each containing 40 pages of photos, texts, sweet words, notes, etc., to record the memories and key moments of the adopted child's life or the child in care.

Promo code: FFARIQ10

For more information: www.lassembleuse.com



\$150 on a full pair of prescription glasses or prescription sunglasses - \$25 unifocal lenses - \$50 progressive lenses - \$50 contact lenses - \$50 non-prescription sunglasses of \$100 or more - \$25 for 3 or more bottles of Eye Omega product - \$10 glasses for blue light filtration - \$250 laser vision correction service at the IRIS ophthalmology clinic in Laval. Offers cannot be combined, are not applicable to safety glasses and do not apply to contact lens service contracts or professional services.

Unconditional Guarantee
IRIS - Interest-free financing - To benefit from your advantages, you must register at www.iris.ca/avantages
* Offer valid for all members of your family.

TANGUAY

\$50 discount on any purchase of \$500 or more. Also valid in branches of Maurice Tanguay and Liquida-meubles until December 31, 2019. This offer is valid at all times in all departments.

Does not apply to previous purchases and cannot be combined with promotions offering the taxes paid. Discount applicable before taxes. Limit one discount per customer. PTR: 441869. Delivery throughout the province of Quebec.



30% discount on all refurbished Ordivert computers or on in-store service. This discount is valid on regular price merchandise only and is not available in conjunction with any other promotion or sale merchandise.

The discount is valid for foster families only. The person in charge of the foster family making the purchases must present his FFARIQ privilege card. This discount is valid only in ORDI VERT DÉPÔT stores.

Visit www.ordivert.ca to find our addresses.

Yellow

10% off the regular price of all merchandise at regular price. This discount does not apply during a promotion. Visit www.yellow.ca for addresses. Offer valid for all members of your family. Ref. no.: 5033

HANGAR-29

Payment of both taxes for you on all merchandise at regular price. This offer cannot be combined with any other promotion. Please visit : www.hangar-29.ca for all addresses.



LA VALLÉE
SECRÈTE

10% off the regular admission price for adults and children on all courses. Visit www.valleesecrete.com for more information on activities.



\$80 discount on the annual subscription (\$33.32 per month) in all centres across Quebec. Upon presentation of the registration letter and the FFARIQ privilege card. This rate is also applicable to spouses and persons 16 years of age and over residing at the same address. www.energiecardio.com



Take advantage of exceptional discounts on subscriptions to major newspapers and magazines. You can get up to 90% off the newsstand price. These discounts are guaranteed to be the lowest on the market. Please refer to your brochure or visit www.rabaiscampus.com



Take advantage of an annual Boomerang network access subscription at \$22.11 + taxes every two weeks. A savings of \$75 plus a \$1.20 discount on each visit! Upon presentation of the registration certificate and the FFARIQ privilege card. Contact us to obtain the registration certificate.



15% off the regular price of an individual or family ticket. Visit www.biodiversite.net for more information on activities.



AU PAYS DES MERVEILLES
ATTRACTION PARK

2 discount on the regular admission price (adult or child 2 years old and over). Please note that the amusement park is open from June to September. Visit www.paysmerveilles.com/fr/



50% discount on your online police certificate requests. Visit <https://promo.idqc.ca/>. Call the FFARIQ to get the promo code.



15% off the admission price for adults and children. Visit www.bioparc.ca



A 10% discount for any online purchase on the regular price on in-stock items. To take advantage of this discount please call the FFARIQ to get the promo code. Visit <https://www.fdm.ca/>



Get 10% off the price of clothing in store. This discount is valid on regular-priced merchandise only and is not valid in combination with any other promotion. It excludes merchandise on sale, promotion and decoration. Bedding, towels and facecloths are allowed. The discount is valid for children in foster families only and the parent must present his or her FFARIQ privilege card at the time of purchase. Visit <https://www.modechoc.ca/> to find our addresses.

REFERENCE *partner*



Maude and Christian founded L'Assembleuse in March 2020. At that time, they were only three in the little family, soon to be four. The desire to have several children has always been part of their life plan, but for the second child, they choose to open their hearts to a child already in need via the Mixed Bank.

Through this process, they realized that there was no book on the market to tell the story of a child in foster care or adoption. They decided to develop these memory books.

At L'Assembleuse, we believe that everyone has a story to tell and that nothing is stronger than family, whether by blood or by heart.

Everyone should be able to know their origins, which is why we have developed a range of audio tributes and memory books to help you collect and keep track of your history to pass on to future generations and preserve your family memory.

These journals were designed specifically for the journey of children in the DYP. Every

child should be able to know the beginning of his or her history, especially in the case of adoption, placement in majority or guardianship, where it is sometimes difficult to trace origins. You will be able to gather information and memories of their life in their biological family as well as the ones they will create with you in these journals.

For more information: www.lassembleuse.com



NEED HELP *or information ?*

Any question is good to ask!

Doubts, difficulties or disputes? The FFARIQ is there for you.

The role of the FFARIQ is to answer your questions and to assist you whenever you need. Whether it is responding to general information requests, to give advice in difficulties encountered or to support you in conflict situations and disagreements, they are there for:

- General information;
- Questions about a difficulty;
- Administrative inquiry;
- Interventions during a report;
- Contestation of the classification review;
- Disagreement.

FFARIQ TEAM

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Not to mention the external collaborators who come to support our team with their cutting-edge expertise.

FFARIQ HEADQUARTERS

CONTACT DETAILS

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Phone : 418 529-4734 - Toll free : 1 866 529-5868

Fax : 418 529-0456 - Toll free Fax : 1 866 388-8860

NEED TO BE *supported ?*

If you have a difficulty or disagreement, you not only have the right to be accompanied by a representative, but it is even preferable. Feel free to exercise your right, and call us.