

Inform' *Accueil*

DEFENSE,
CARING
AND SUPPORT

in a
100%
human way!

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Fédération des familles d'accueil
et ressources intermédiaires
du Québec



Inform'Accueil

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Fédération des familles d'accueil
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A WORD FROM *the president*

HOST FAMILIES: PEOPLE IN SOLIDARITY!

Hello dear host families,

I cannot ignore this COVID-19 pandemic that has turned our lives upside down. Since March 2020, we all had to face the unknown and adapt our procedures quickly according to the directives that Public Health communicated, and still communicate, almost daily. What a source of stress and worry for each of us! That is why I would like to underline the solidarity which you have shown. The dedication you have once again shown to ensuring the well-being of children makes me proud to represent you. The host families stood in front of the establishments to ensure the safety of the children during this unique period. Thank you!

Negos: I need you

Another battle is underway: the negotiation of your working conditions. On June 3, we presented our 5 challenges described in the last issue of Inform'Accueil . In particular, Mr. Christian Dubé, responsible Minister for government administration and president of the Treasury board was present at the meeting. All were satisfied with this meeting. Ms. Marguerite Blais, responsible Minister for seniors and caregivers, took the opportunity to express her support for our good work. Everything suggests that negotiations will be launched in a good tone. Ms Édith Lapointe, chief negotiator of the Government and Associate Secretary, confirmed besides, that she has all the necessary mandates to undertake shortly a negotiation.

Until then, I need your contribution. I welcome information about the injustices that you would have suffered during the COVID-19 crisis. These elements will serve as additional arguments during the negotiations.

A short break

The past few weeks have been busy with the preparation of negotiations and the management of changes due to the COVID-19 crisis.

I will therefore take a few weeks of vacation during the summer to build up my strength to be ready for the next year, which will also bring its share of challenges. During this period, I invite you to contact your regional committees as well as the advisers, they are there for you!

I love You,



GENEVIÈVE RIOUX
FFARIQ PRESIDENT

A handwritten signature in black ink that reads "Geneviève Rioux".

CONGRESS 2020 - VIRTUALLY OR IN PERSON, WE WILL COME TOGETHER!

I am happy to confirm that our conference scheduled for October 24 and 25 is still on the calendar. In the current context of the pandemic, we are working on two formulas: in presence in Lévis or online via videoconferences. We will thus be ready to hold our event in the form that will meet the rules which will then be dictated by public health. The COVID-19 forces us to be creative and we are doing everything we can to offer you this resourcing moment in complete safety, it is our main concern.



This situation gives us the opportunity to develop means so that FFs from more distant regions or for whom it is not possible to find a babysitter can take part in the congress. Like what exceptional situations like the one we are living in can make us even better!

Our priority is, and will always be, that as many FFs as possible can enjoy this moment of exchange where tips, advice, tools, comforting and inspiring conferences are on the program.

Information will be communicated to you as soon as we are able to do so, and in early September you will receive an invitation to register either by mail or online. You will have until October 2 to reserve your place.

Until then, enjoy the summer carefully!



Checklist

Newsletter - Your opinion is important

This spring, we communicated to you by newsletter, particularly to inform you about the measures surrounding the COVID-19, the regional elections as well as our ecological concern.

We also asked you about your preferences for sending various communications such as the Inform'Accueil, the agenda, the elections and various correspondence. To date, only 24 % of you have responded to this survey. You can find this survey on our private Facebook page. Please take a few minutes to give us your opinion. Our decisions will be made based on these responses.

DECODED LAWS AND *regulations*

REGIONAL AND PROVINCIAL ELECTIONS

Due to the pandemic, the regional elections had to be postponed. As for the provincial election, it will take place on the scheduled dates. You will find all the important dates in the table below. You will be able to choose between two secure ways of voting either by mail or online.

Do you have an interest in supporting and defending the rights of FFs? Would you like to commit to all of the members of the FFARIQ? Here are the criteria:

ELIGIBILITY CRITERIA FOR A REGIONAL CANDIDATE:

- ✓ Be at least 18 years old and not be prohibited by law to act as an administrator.
- ✓ Be a member of FFARIQ.
- ✓ Not to be an administrator or delegate for another union representing family-type resources or intermediate resources.
- ✓ Living in a region recognized as being served by the FFARIQ.

ELIGIBILITY CRITERIA FOR A PROVINCIAL CANDIDATE:

- ✓ Be at least 18 years old and not be prohibited by law to act as an administrator.
- ✓ Be a member of FFARIQ.
- ✓ Not to be an administrator or delegate for another union representing family-type resources or intermediate resources.
- ✓ Living in a region recognized as being served by the FFARIQ.
- ✓ Be accredited for at least 3 years as a family-type resource or intermediate resource.

STEPS IN THE ELECTION PROCESS	REGIONAL DEADLINE	PROVINCIAL DEADLINE
Nomination	From July 20, 2020	From June 27, 2020
Deadline for receiving nominations	August 17, 2020	July 29, 2020
Voting period by mail or online	From August 24, 2020	From August 14, 2020
Deadline for receiving postal and online votes at FFARIQ office	September 14, 2020	September 4, 2020
Annual meetings and counting of ballots by scrutineers	Regional assemblies From September 21 to October 12, 2020	General assembly October 25, 2020

LIFE story!

Richard, IDRC foster family in Mauricie

See beyond the diagnosis

An « angel » for these young people with serious behavioral problems

Richard is one of those people who give themselves to others without asking questions. It is natural to him. Fortunately for these young people, there are angels such as Richard. Thanks to them, these young people avoid an institutionalization which is often not adapted to their real needs.

RICHARD'S STORY

In 1990, Richard volunteered at Sainte-Justine Hospital for children with degenerative diseases or deformities. Then, with a background in Arts Education and a great passion for sport, he became a physical education teacher and sports coach where he interacted with young people with an intellectual disability or an autism spectrum disorder. Getting into contact with these young people was natural for him. From one thing to another he has come to be RTF (regular family-type resource) accredited by the IDRC.

Accredited in 2011, Richard was doing replacement in FFs during summer. This is what made him want to become a host family. On January 12, 2012, he welcomed his first child as an RTF accredited by the IDRC (Intellectual disability rehabilitation center). His FFs has now five young people. The young people whom Richard welcomes have a diagnosis of either serious behavior disorder (TGC), intellectual disability (ID) or autism spectrum disorder (ASD) and often the three at the same time!

Despite the heavy luggage that these young ones have, Richard welcomes them as they are and shows immense empathy to develop

them according to their abilities, until the age limit when they can stay in FFs, i.e. 21 years old, age at which they are transferred to accommodation for adults. But there are sometimes exceptions like for Tommy *, 29 years old who still lives with Richard.

KEVIN'S STORY *

Kevin entered Richard's life on an IDRC and the DPJ placement. He came from the Bourgeois Pavillon where he found himself after having beaten a man from another FF. This big guy of 180 pounds had already a lot of physical assaults to his portfolio and this continued after his arrival at Richard's host, including a teacher and a school principal. "He was yelling to us, his face very close to ours. We had to stay stoic", remembers Richard. With a diagnostic of an autism spectrum disorder, Kevin clearly said that it was for this reason why he was so aggressive: you touch me, I hit you.

It was in this condition that Richard welcomed him. « I don't count all the times that I stayed in front of him, my hands in my pockets or behind my back, waiting for him to stop screaming, to


Giving
without
limits

calm down, because if I touched his shoulder, he reacted violently," says Richard. This lasted for two and a half years.

The stakeholder assigned to Kevin feared also for his life while he was isolated. Richard and his team had to force Kevin to go out, to socialize. Kevin had trouble functioning at school, with a significant academic delay, and he did not want to know anything about the rules. He had retained the speech of psychologists about his autistic condition: compartmentalized brain, asocial, etc. Kevin used these arguments to go to school less often and isolate himself.

DIAGNOSTIC ERROR

Kevin was taking many medications. His mother, destitute face to his aggressive behavior, had consulted and a diagnosis of autism had been concluded. Kevin was screaming and asking the doctor to stop the medication or change his pills because it did not do anything good to him.

When Kevin arrived at Richard's host, he was taking five or six different medications. Gradually, the pediatrician removed the number of pills. Each time, Kevin's behavior improved. After three years with Richard, Kevin needed no longer medication. He was right, he was not autistic. However, the doctors concluded rather that he is an atypical autistic person... At the end, this bad diagnosis will still have allowed Kevin to have access to services.

A rebellious guy, not a case of DPJ

For Richard, it is clear: Kevin is more of a rebellious guy than a case that needs to be institutionalized. Even if he showed Richard all the colors at times, Kevin has now a very « normal » life.

He is 22 years old, lives in an apartment and goes to CEGEP after having finished his secondary to adult education. He has a car, a semi-trailer that he has converted for camping by adding beds, a microwave and a solar panel for the power supply. He has a girlfriend. Sociable and very intelligent, he was part of the school committee for adult education and he did well in his internships.

He has a good relationship with his mother and goes hunting with his stepfather.

For the past two years, he has worked for Richard. Oh yes! Kevin helps young people like him who find themselves in FFs! Richard had to be insistent with IDRC to carry out this project. There were pros and cons for Kevin to occupy a position of this kind. But with the support of the clinical chief, the IDRC finally agreed that Richard would hire Kevin. « Kevin understands the young people who are here, » says Richard.

By accepting the young people as they are and by showing openness and empathy, Richard has helped Kevin to find his place. Kevin's grandmother says without hesitation: a chance that Richard has passed into his grandson's life.

GIVE A VISION OF THE FUTURE THAT MATCHES THE CAPACITY OF THE YOUNG PERSON

When we asked him, what is about his recipe to help these young people to find a certain balance and sometimes, as for Kevin, a future, we feel that Richard is affected or vulnerable. He finally answers, in all modesty, that it takes empathy, strict rules, structure and being present.

Watching these young people evolve, is a source of pride and appreciation for him. A story like Kevin's makes him happy. "It didn't make sense that he was autistic. I open their eyes; I give them a vision of the future like going to university. «

And his future as an FF? Now 61 years old, Richard aspires to continue to welcome five young people out of a capacity of eight in order to maintain good supervision, but also to take a little more time for him and his spouse as well as his two biological children, now adults. He already has a small caregiving team working with him. And since he can count on the FFARIQ, Richard is delighted with this accompaniment and this support.

FFS IDRC:

Very specific rules

IDRC host families are often assigned cases with significant issues. In an RTF like Richard's, with five young people at home, it is mandatory that two workers are present at all times for 12 hours a day, at the same time as Richard, and one person for the evening and the night. This is to ensure the safety of young people as well as their own and that of its employees.

* Tommy's first name has been changed to preserve his anonymity except that of Kevin whose story is told agreed to show himself.

TIPS FROM *the pros*

HOMWORK PERIOD - TOOLS AND TIPS TO MAKE IT EFFECTIVE AND PLEASANT!

All children learn differently! We are convinced of this at fdmt and our mission is to help children, young and old, to develop their full potential. How? By offering a range of quality products to promote the maximum development of all: educational materials, sensory tools, games, educational accessories, documentation and much more.

AND THE HOMEWORK PERIOD, HOW IS IT GOING ON AT HOME?

For many families, this represents great challenges! Yet there are a multitude of tools that can help you make this moment more effective, and above all more enjoyable.

IS IT THE RIGHT TIME AND THE RIGHT PLACE?

Is your child calm and ready to concentrate on the task? You will have guessed that it is best to choose the time of day when the child's level of attention is best.

To involve and empower the child, divide with him his list of homework that he will have to distribute over his week. Is he tired

one evening after an extracurricular activity? You may want to plan a day off that evening.

Ideally, choose a place away from the comings and goings and sources of noise. Soundproofing shells are also a very attractive option, to be used both at home and at school.

HOMework TOO LONG?

Homework too long? With a visual timer (a Time Timer or an hour-glass) you will help the child to visualize the time allocated to homework. With each lesson of a fixed duration, he will keep his motivation and can even race against the clock!



**Time
Timer**



**Soundproof
shells**

WHAT TOOLS CAN HELP CONCENTRATE?

To stay alert, some people need sensory stimulation (touch, sight, hearing, mouth, or body movement). Everyone has their preferences! Take tests to find out what works best.

The heavy manimo animal can accompany the child all day long, whether in class, during homework or in the sleep routine. The heaviness of the animal soothes, comforts and allows the child to better feel his body in space. A companion with multiple benefits! www.manimo.ca



Rebound band



Heavy animal

THE BODY

- Is the young person's position suitable for the task at hand? A writing or calculation exercise will require a more stable posture than for reading or drawing.
- Surplus energy? A rebound band or a balance cushion placed on the chair can fill the need to move, while remaining attentive.
- Place a heavy manimo animal on the child's thighs. Our manimo have a calming effect on the nervous system and promote concentration.



Chew pencils



Fdmt balance cushion

THE MOUTH

- Prepare a crunchy snack that can be eaten while working (carrots, celery, apples, nuts, cereals).
- Need to suck or bite an object? The chews are specially designed for those who feel the need to chew pencils, clothes, etc.



Fdmt Tangle



Guide de lecture

THE EYES

- Colorful reading guides are very useful! The transparent colored area makes it easier to find your way around the page.
- The young person could take a short break, either to color or close their eyes (10 to 30 seconds).



Manimo ball



Finger massage ring

TOUCH

An effective strategy, easy to implement and at low cost ... the use of objects to handle! For example :

- A gel or stress ball;
- A Tangle ;
- A finger massage ring.

fdmt.ca

OFFRE SPÉCIALE!
Livraison gratuite avec votre prochain achat de 25\$ et plus sur notre boutique en ligne. Code promo **LGFS***

* Valable jusqu'au 31 décembre 2020. Sur les articles livrés au Canada (sauf régions éloignées). Les autres frais applicables sont toujours en vigueur. Une seule utilisation par client. Ne peut être jumelé à aucune autre offre.

Questions or need advice? Our team in store will be happy to help you (420, rue Jean-Neveu in Longueuil)!



INTER- *regions*

To ensure that all foster families are treated fairly from one region to another, we are working to harmonize practices and procedures and implement solutions to some regional inconsistencies. Discover the latest advances.



JEAN-FRANÇOIS RIOUX
LCCA COORDINATOR FOR THE FFARIQ
AND REGIONAL VICE-PRESIDENT MAURICIE AND CENTRE-DU-QUÉBEC
jfrioux@ffariq.ca

Dear host families,

In my turn, I will talk about the current subject which is: THE COVID-19!

Unfortunately, the pandemic has put a brake on many works with the establishments. The protection of your rights to health as well as those of your community has taken the lead and even the whole place. We had to adapt our ways of communicating and prioritize the establishment of communication channels to find a multitude of solutions to situations never seen before.

As coordinator, I was on the first line with our President to collect all your requests, concerns and questions. During this period, I participated in telephone meetings with all the establishments at a rate sometimes up to once a week, so that you and your children were heard during this period.

Supported by all the regional presidents as well as the FFARIQ union advisers, we have worked very hard to ensure that your rights, your needs as well as those of who are living under your roof are respected in that non common situation and not foreseen by our mechanisms already in place.

We know that the pandemic is not a thing of the past, but we are taking advantage of the lull to restart in the coming days the local concertation committees meetings (CLC) in order to relaunch the discussions, exchanges and work on the subjects of your concern, such as procedures and protocols for pre-authorizations of reimbursement and many others...

We never give up and I wish you a wonderful summer with your family!

ECHO OF THE *regions*

Find out what's happening in each region: training, regional tour, issues of concern to foster families and, of course, answers.



In case ...

you have not yet subscribed to the private Facebook group in your different regions and would like to become a member now, here is the procedure to follow:

- 1 Sign up by sending an email to the local Facebook account manager;
- 2 Search Facebook by entering the administrator's ID and then make a friendship request. When it is accepted, you can be included in the group and you can ask your questions.

THE INFORMATION NECESSARY FOR ACCESSING THE FACEBOOK OF THE REGIONS IS AS FOLLOWS:

REGION	ADMINISTRATOR	EMAIL	IDENTIFICATION
Mauricie/ Centre du Québec	Sylvain Bilodeau	sbilodeau@ffariq.ca	Sylvain Bilodeau
Côte Nord	Mélanie Gagnon	mgagnon@ffariq.ca	Melanie Gagnon
Québec	Francine Boutin	fboutin@ffariq.ca	Francine Boutin
Gaspésie	Sylvain Bilodeau	sbilodeau@ffariq.ca	Sylvain Bilodeau
Laval	Annie Blouin	ffariq13@outlook.com	Annie Blouin
Outaouais	Lucie Renaud	lucierenaud63@gmail.com	Lucie Renaud
Laurentides	Louis Fleurent	laurentides.ffariq@gmail.com	Laurentides
Batshaw	Ross Wilson	patriotic101@hotmail.com	Ross B Wilson

MAURICIE CENTRE-DU-QUÉBEC REGION

From left to right: Martin Legault (South Shore reception director), Johanne Blais (treasurer), Linda Labbé (North Shore reception director), Sylvain Rivard (director), Jean-François Rioux (vice-president), Sylvain Bilodeau (president), Nadia Perron (social committee), Vélany Lafrenière (BM reception director), Christiane Houle (secretary), Sylvain Cadoret (com. and social committee director).

Hello dear host families,

I hope everything is well despite this unusual period that we are going through with the COVID-19 without talking about the problems and uncertainties that this has brought.

As the FFARIQ office reopened on May 19, my team responsible for welcoming new host families resumed family visits to their homes, wearing the necessary protective equipment if necessary. During the confinement period, the team contacted the families by telephone so that they did not stay too long in the void.

I usually share feedback on regional tours happened on March and May, but as we were in confinement, it did not take place. The annual regional meeting is also postponed for a bit later this year, you should receive the necessary information on this subject soon if it has not yet already done. A reminder of the positions in elections this year: Presidency, Treasury and Director.

I admit that this period of confinement was not obvious. We had to make several interventions with the establishment for ministerial instructions which were not respected, even that Mrs. Rioux our provincial President succeeded in obtaining a ministerial decree for stopping the contacts of our young ones. Today, the majority of visits have resumed and as generally I hear, things are going very well!

Facebook page

« Good evening, I have a question concerning the ADP, the worker told me that now when there is a displacement of a child she must leave with the accounting of this one. Is it correct? »

« **NO**, the keeping of the ADP belongs to the host family and it must keep it for a minimum of 5 years much like taxes in case someone requests verifications (it is a fact already happened in the past to a parent of a young one). »



SYLVAIN BILODEAU
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Sylvain Bilodeau

CÔTE-NORD REGION

From left to right: Mélanie Gagnon (President), Valérie Tremblay (Director and Vice-President), Maxime Savard (Treasurer) Absent: Annie Bernatchez (secretary)

Dear families,

We have just lived and we are still living a moment which turned our whole life upside down with this COVID-19 pandemic which nothing ordinary but who made sure that we did stopped all our activities to be confined at home.

As you know, this is the reason why all our face-to-face meetings with new families have been interrupted, but don't worry, these meetings will now resume. We will begin individual and in-person meetings for the Forestville and Baie-Comeau sector, but for those who are elsewhere, due to the distance and the few new families, I will continue with mailings followed by a virtual meeting (Facetime).

During this confinement, I noticed a great solidarity between us the host families who are often so alone. A point to raise is that, some of you have expressed the need to have help with your little ones during this period of isolation. Faced to this, the establishment sought and found solutions that gave you support.

In our regional Facebook group, we reached 100 members during the pandemic. I am therefore very happy to have this contact with as many FF as we would like to inform and answer your questions via this platform.

Facebook page

« With the announcement of Mr. Legault saying that the school will start gradually around May 11 if I understood correctly, but which is not compulsory, are we going to have the choice of sending or not the children who are entrusted to us ??? Or if it will be decided by the interveners?? I hope we will have a choice. »

« Since it has just been announced, I don't know. On the other hand, I know that school attendance is a parental right, therefore the parent's decision, but to know who the decision will be I have no idea. As tomorrow I have a meeting with the establishment, I will question them. After a few waiting days, the establishment replied that it is the parents' responsibility, but the vulnerability of the host family will be taking into consideration. »



MÉLANIE GAGNON
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Mélanie Gagnon

GASPÉSIE / LES ÎLES REGION

From left to right: Jean-Marie Lavoie (Vice-President), Martine Boudreau (Secretary), Sylvie Anglehart (Director) and Gaétan Lussier (President) Absent: Gisèle Oignac (Treasurer)

Hello to all the host families of Gaspésie-Les-Îles-de-la-Madeleine,

I am pleased to give you some news from your regional committee. I hope that despite the COVID-19 pandemic that we all need to face, you are all doing well, and you are all safe!

Very recently, we got back in touch with the new RTFs, calling them to explain the operation and the protections offered by the FFARIQ. When it is permitted, we will meet them personally with pleasure and with all the necessary protective measures.

Throughout the pandemic, several foster families needed to be reassured. We took all the necessary means to do so, a lot of press releases and interventions coming from us and from the establishment too.

Humanity gesture at the heart of the pandemic

Particularly, one case caught my attention, it is that of a young man whose father was dying and who was able to meet him after the environment had been made safe for all. The humanitarian side has always been at the heart of our concerns and those of the establishment.

From the beginning, many questions have been posted on the FFARIQ Facebook page regarding confinement. Our president, Mrs. Geneviève Rioux, was pleased to respond personally.

Private Facebook question

But here is a question from our regional page at the very beginning of the pandemic.

« Can our young people meet their friends »

« For the moment, according to government instructions, they unfortunately cannot meet friends. »

Finally, I wish everyone a great summer and above all try enjoy all present moments that come to you.



GAÉTAN LUSSIER
REGIONAL PRESIDENT
GASPÉSIE/LES ÎLES
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BATSHAW REGION

From left to right: Ross Wilson (Vice-President), Brenda Gortler (Treasurer), Claudette Gauthier (President) and Darlene Oliver (Secretary).

Hello dear host families,

As you know, a difficult time has come with the COVID-19 pandemic. I hope that everything goes well and that you have all followed the safety measures.

I just want to say that you are all great people and I am proud of your diligence and all the love and protection you bring to our children; it is a great job!

I would also like to thank Mrs. Geneviève Rioux our FFARIQ provincial President and all her executives who, during the crisis, kept us informed about all the Ministry of health safety measures, whether by videos, Facebook publications or emails.

We, as team members must make sure to set an example that everything will be fine. As executives member, we also want to tell you how important it is to keep an open line with us through the FFARIQ Batshaw Facebook page which is the essential platform where we post important information and answer your questions. Do not hesitate to send a friend request to our vice-president Ross Wilson. If you prefer, you can ask him to add you as a member. Remember that we are a private site and that it is only foster families like you who can join us.

We would like to welcome all our new foster families. Visits will start again soon. We will first of all proceed by a telephone call followed by an appointment in person where all security measures will be taken in order to give you the necessary documents and give you all the important information concerning us.

We will keep on giving you news as soon as we receive it. Do not hesitate to call us at any time you feel the need.

On that note, be safe and may God bless us all!

Facebook page

« Regarding the attendance sheets, considering that the children are not allowed to leave our home. Do we still have to send them to the establishment? »

« **YES**, all you have to add is: no visit is allowed this month and then send it before the 1st of the month so as to be remunerate as our pay source depends from this document. As visits will be starting soon in our homes, please remember that the workers also have parents and children at home, so we all have a job to do to avoid putting someone at risk. »



CLAUDETTE GAUTHIER

REGIONAL PRESIDENT
BATSHAW

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Claudette Gauthier

QUEBEC REGION

From left to right: Francine Boutin (Treasurer), Christiane Robitaille (President), Patricia Anctil (Secretary) and Manon Dufour (Director) / Absent: Johanne Bouffard (Vice-President)

Hello to all our host families,

The current coronavirus pandemic (COVID-19) is a special and unusual reality. This can affect people physically, but also psychologically. Children in such a context are most affected. The committee would like to tell you that we are always there, close to you, available and alert to your requests, no matter what!

Many situations are experienced by our resources, of course we thank most of you who knew how to protect the children and their families. After all the messages, calls, texts and emails, the adaptation is the first factor that caught our attention and as results, we can see that efforts have been put in place! The facts speak for themselves when it comes about going back to school. Yes, the decision to return or not to school is not being entirely taken by the resources, but rather by the natural parents, caused certain questions to the regional president and to the FFARIQ. But quickly, with the Facebook group, responses were made to the various comments.

Like most of the world, all our events have been interrupted, but we are working to find a way to see you again soon so that our new families do not miss anything. Mrs. Robitaille made sure to continue the outside visits, with the greatest care, and a telephone call as follow-up.

Hope to see you again soon!

Facebook page

« In anticipation of the summer period, what are the rules surrounding swimming pools and trampolines on our properties? »

« The municipal regulations are always to be checked for each of the municipalities, but it is the aspect of SAFETY that should be given priority especially with our young ones whose access must be prohibited without the presence of an adult for both the pool and the trampoline. For the swimming pool, access must be closed. »



CHRISTIANE ROBITAILLE
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QUÉBEC

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Christiane Robitaille

OUTAOUAIS REGION

From left to right: Josée Dorion (Director), Lucie Renaud (Treasurer)
Absent: Carole Desjardins (Director and Acting President)

Dear host families,

We have known a difficult period, a pandemic! Who would've believed that? It was not on our agenda, but we learned to work with the ups and downs of it.

It is essential for the Outaouais committee to highlight all the work and the presence of Mrs. Geneviève Rioux during this unusual period. Proof that she takes our situation and work to heart through all the meetings and all the efforts so that the Ministry takes into consideration the vulnerability of our children and ours. Thanks also to the entire provincial team as well as all the regional presidents without forgetting our advisor Mrs. Raïda Baklouti and our provincial coordinator Mr. Jean-François Rioux for their speed in answering our questions and finding solutions.

During the pandemic, all our new members were contacted for an initial telephone call meeting or by email. In the following weeks, they will be contacted for a meeting in person and meeting points will be available. Since the start of the crisis, there have been telephone meetings with the Youth Center where Mrs. Baklouti, Mr. Rioux and I were on the calendar, every week until May 29, 2020 and then a face-to-face meeting have been scheduled for June 12. A partnership and solution seeking climate was present.

There is no doubt that this disturbed period we are living in will give matter to think about: a small reality for almost all families, very often confined, why should we not take a few minutes to think about the questions raised by this pandemic?

Up to day June 3, 2020, the 2 meters is still required if not wearing a mask. Distancing is still applicable.

Facebook page

« Should we accept or refuse a new placement? »

« You can refuse if there are vulnerable people in your residence. To be discussed with your TS. Ordered visits and outings for significant contacts have started: we say without restriction, but that means that if the parent and child can respect the 5 Ministry's conditions (instructions) and that there is no vulnerability in your environment. »



CAROLLE DESJARDINS
ACTING REGIONAL PRESIDENT
OUTAOUAIS

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LAVAL REGION

From left to right: Fatiha Chihai (Vice-President) Annie Blouin (President) and Natacha Étienne (Secretary) Absent: Pierre Thibodeau (Treasurer)

Dear host families,

Due to the COVID-19 pandemic, work in the regions has been modified. In our region, meetings with new resources have continued, but in a different way. Eight new families were welcomed by phone calls and the delivery of information documents and signature of membership cards in person, while respecting the standards of social distancing requested.

We look forward to meet all our families as soon as we have a date for an annual regional assembly meeting.

Through our regional Facebook page, several families shared DIY projects and activities to brighten up our little ones days at home. Among the received ideas, we had panoply of rainbow projects and internet links for schoolwork.

Facebook page

« Can we refuse to resume contact with parents in the current context? »

« According to the ministerial decree, resources are obliged to comply with this requirement. However, the resource must make sure to respect health protection standards. »



ANNIE BLOUIN
REGIONAL PRESIDENT
LAVAL
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Annie Blouin

LAURENTIDES REGION

From left to right: Céline Nadeau (President) Louise Fleurent (Treasurer)
Absent: Patricia Cieslik (Vice-President) and Suzanne Picard (Director)

Hello dear host families,

I hope you are all doing well!

I would like to welcome all the new foster families who accepted to welcome children into their homes during the COVID-19 pandemic. We hope everything is going well for you.

Before the pandemic, all new families were met by a member of the regional committee in order to answer their questions and to go around with them about all the documents provided by the FFARIQ. Since the start of the confinement, these home meetings had to be interrupted. We are currently and gradually resuming home meetings, by respecting all the instruction of distancing and wearing protective equipment such mask and/or visor and without forgetting the frequent hands washing. We will encourage meetings outside the house (for example, on the terrace). It will also be possible to have this meeting by phone if it suits you better.

Containment with teens ... Plot of reality!

We reinvent the routine, we become a facilitator, regulator, and we learn to live together 24 hours a day, 7 days a week.

According to our better understanding of what we learn at each press point, we teach, we inform and we try to reassure these beautiful teenage girls who in their beautiful world of unicorns do not always feel as concerned by the risks and measures to take .

Obviously, the moment comes when for one, it becomes unbearable not to see her boyfriend. Despite the instructions and compassion for reality, she chooses to cheat and join him for a while. Unfortunately, when the scheme was discovered, the fact was added that the young person works in a CHSLD and that he does not respect the instruction to stay at home. The establishment is therefore informed, the public health intervenes and imposes isolation measures for this beautiful teen ... who is caught in a tsunami of measures and emotions as a result of a bad choice. Fourteen days of being confined to his room and the stairwell, having to move the other family members to another part of the house to avoid any contact. All hands to battle to manage the anxiety of everyone in order to prevent escalation and make this an experience through looking at the positive. This situation, as special as it is, taught us more about our resilience, our ability to work together

and made us realize how our way of dealing with the situation had a positive influence on these long moments of confinement and attitude of our young people to live this difficult stage.

It was good!!!

Facebook page

« Do you require the mask to be worn at all times by your qualified replacements? »

« Wearing a mask is strongly recommended when distancing is not possible and rather to encourage outdoor activities. It's up to you to determine your situation. »



CÉLINE NADEAU
REGIONAL PRESIDENT
LAURENTIDES
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PARTNERS *benefits*

Discounts and privileges : one of the benefits of being part of the big FFARIQ family.

Upon presentation of the FFARIQ privilege card, these merchants have agreed to give discounts to members of the Fédération des familles d'accueil et ressources intermédiaires du Québec. A big thank you!



\$150 on a full pair of prescription glasses or prescription sunglasses - \$25 unifocal lenses - \$50 progressive lenses - \$50 contact lenses - \$50 non-prescription sunglasses of \$100 or more - \$25 for 3 or more bottles of Eye Omega product - \$10 glasses for blue light filtration - \$250 laser vision correction service at the IRIS ophthalmology clinic in Laval. Offers cannot be combined, are not applicable to safety glasses and do not apply to contact lens service contracts or professional services.

Unconditional Guarantee
IRIS - Interest-free financing - To benefit from your advantages, you must register at www.iris.ca/avantages
* Offer valid for all members of your family.

TANGUAY

\$50 discount on any purchase of \$500 or more. Also valid in branches of Maurice Tanguay and Liquida-meubles until December 31, 2019. This offer is valid at all times in all departments.

Does not apply to previous purchases and cannot be combined with promotions offering the taxes paid. Discount applicable before taxes. Limit one discount per customer. PTR: 441869. Delivery throughout the province of Quebec.



30% discount on all refurbished Ordi vert computers or on in-store service. This discount is valid on regular price merchandise only and is not available in conjunction with any other promotion or sale merchandise.

The discount is valid for foster families only. The person in charge of the foster family making the purchases must present his FFARIQ privilege card. This discount is valid only in ORDI VERT DÉPÔT stores.

Visit www.ordivert.ca to find our addresses.

Yellow

10% off the regular price of all merchandise at regular price. This discount does not apply during a promotion. Visit www.yellow.ca for addresses. Offer valid for all members of your family. Ref. no.: 5033

HANGAR-29

Payment of both taxes for you on all merchandise at regular price. This offer cannot be combined with any other promotion. Please visit : www.hangar-29.ca for all addresses.



LA VALLÉE SECRÈTE

10% off the regular admission price for adults and children on all courses. Visit www.valleescrete.com for more information on activities.



\$80 discount on the annual subscription (\$33.32 per month) in all centres across Quebec. Upon presentation of the registration letter and the FFARIQ privilege card. This rate is also applicable to spouses and persons 16 years of age and over residing at the same address. www.energiecardio.com



Take advantage of exceptional discounts on subscriptions to major newspapers and magazines. You can get up to 90% off the newsstand price. These discounts are guaranteed to be the lowest on the market. Please refer to your brochure or visit www.rabaiscampus.com



Take advantage of an annual Boomerang network access subscription at \$22.11 + taxes every two weeks. A savings of \$75 plus a \$1.20 discount on each visit! Upon presentation of the registration certificate and the FFARIQ privilege card. Contact us to obtain the registration certificate.



15% off the regular price of an individual or family ticket. Visit www.biodiversite.net for more information on activities.



AU PAYS DES MERVEILLES
ATTRACTION PARK

2 discount on the regular admission price (adult or child 2 years old and over). Please note that the amusement park is open from June to September. Visit www.paysmerveilles.com/fr/



15% off the admission price for adults and children. Visit www.bioparc.ca



50% discount on your online police certificate requests. Visit <https://promo.idqc.ca/>. Call the FFARIQ to get the promo code.



NEED HELP or information ?



Any question is good to ask!
Doubts, difficulties or disputes? The FFARIQ is there for you.

UNION REPRESENTATIVES - YOUR ADVISERS

NAME	PHONE	E-MAIL	REGIONS
Olivier Auchu	418 561-9311	oauchu@ffariq.ca	Quebec and Côte-Nord
Maude Delagrave	581 998-1804	mdelagrave@ffariq.ca	Mauricie/Centre-du-Québec, et Gaspésie / Îles de la Madeleine
Raida Baklouti	418 554-6493	rbaklouti@ffariq.ca	Outaouais, Laval, Batshaw and Laurentides

SO DON'T HESITATE TO CALL UPON THEM!

The role of union representatives is to answer your questions and assist you if necessary. Whether it is to answer general requests for information, to advise you in the event of difficulties encountered or to assist you in situations of litigation or conflict, they are there for you:

- General information;
- Questions about a difficulty;
- Administrative inquiry;
- Interventions during a report;

- Contestation of the classification review;
- Disagreement.

COMMITTEE EXECUTIF - FFARIQ

NAME	PHONE	NAME	PHONE
Geneviève Rioux, President	819 691-6958	Johanne Blais, Treasurer	819 448-3542
Mélanie Gagnon, Vice-president	418 587-0209	Francine Boutin, Secretary	581 998-5238

FFARIQ HEAD OFFICE - QUEBEC

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Nathanielle Lacmale, Executive assistant, nlacmale@ffariq.ca
Anne Cecile Zagouta, Advisors assistant
Isabelle Lamontagne, receptionist-secretary,
ilamontagne@ffariq.ca

NEED TO BE supported ?

If you have a difficulty or disagreement, you not only have the right to be accompanied by a representative, but it is even preferable. Feel free to exercise your right, and call us.