



## Inform'.

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Fédération des familles d'accueil et ressources intermédiaires du Québec



#### An Autumn 100% FFARIQ... in a 100% Human Way!

Defense, caring and support are definitely not only just kind words. This statement of who we are appeared on our website in the spring: since then, we have been showing that it does not describe who we want to be, but who we already are.

This is evidenced by the videos of a few minutes and their thirty-second «clip» versions (designed to intrigue and stimulate the desire to learn more), which we have produced and are now posting on the Internet. We had chosen to give the floor to foster families who are members of the FFARIQ so that these documents could «talk about real business." We were served with generosity and sensitivity that had exceeded our expectations: the testimonies of these foster families from the three categories touched us right to the heart. What a wonderful way to explain to the population what we are, what we live every day, and then to break down preconceptions by showing how this gift of self is decisive for children, why and how the FFARIQ and its members are fighting to make the laws better adapted to the realities they go through!

We wanted these videos to be presented by **Jean-Marie Lapointe.** Why? Because he is an amazing human being, like us; because he is committed, like us; because he has experienced difficult things and because he has a particular sensitivity for all children who experience discomfort and chaotic situations, just like us.

We will have the privilege to listen to him very soon as we have invited him to give a lecture at our annual symposium on **September 28<sup>th</sup> and 29<sup>th</sup> in Laval.** A fascinating conference: «When the challenge serves as a springboard.»(See the Events section). Another speaker will certainly stimulate us: Hélène Allard will tell us...»I have aircraft gas in the wings of my ladybug." A certified coach, certified trainer and pedagogical advisor, she will come to present us with tools, tips and tricks to deal with children whose opposition, attachment, ADD, ADHD and other difficulties complicate things. We have promised to hold our symposiums at different locations from one year to the next in order to accommodate as many people as possible. We are doing our best to do so given the size of the territory we cover!

On a more technical note, I would like to remind you of two things.

On one hand, the so-called **raiding period** will officially begin on October 3rd. Your last chance to tell us about your needs and expectations before the highly desired renewal of your membership will be at our September symposium. We will take advantage of this great meeting to pool our ideas, to combine our points of view in order to be even better equipped to negotiate the next collective agreement. This is the meaning of the word «defense» of our new brand image: the FFARIQ is both a federation and a union - and even the largest union defending foster families in Quebec.

On other hand, in addition to all the issues that the FFARIQ deals with on a daily basis, there is the special **Commission on the Rights of the Child and the Protection of Youth,** which works under the chairmanship of Ms. Régine Laurent. There is no doubt that our knowledge of what is happening on the field and what foster families are going through makes the FFARIQ an organization that must be heard. We intend to contribute to this major investigation, and even to provide suggestions for solutions. This is inherent to the mission we have set ourselves.

This fall will therefore be 100% defense, 100% caring, 100% support... and 100% human. We have decided to be there every day for the benefit of each and every one of you, knowing that these are the essential conditions for you to be 100% committed to defending, caring and supporting these little humans for whom you are both the present and the future.

I hope you will enjoy reading this new issue of your Inform'Accueil. And don't forget to tell us what you thought of our videos and capsules!

We love you,



## **EVENTS**



#### A WORD FROM JEAN-MARIE LAPOINTE

Last May, I had the opportunity to dive into FFARIQ's universe to host a series of three web capsules. The reality of foster families is far from mine, but even before the camera started shooting, I knew I was entering the world of people with extraordinary human values. For two days, I had the privilege of meeting parents and young people who opened their hearts to me to share their story, their daily lives and at the same time, to open up to the reality of foster families. I am driven by projects that embrace the human being in its authenticity, strength and vulnerability, and I came out of these shoots inhabited by the immense kindness of the people that the FFARIQ has put on my path.

I hope that these capsules will help highlight to the public the importance of the role that all foster families play. For my part, I was shocked to see parents, brothers and sisters of blood or adoption loving each other and forming tight-knit families. I have seen children protecting and caring for their siblings. Parents who offer a loving, comforting and secure family environment. Parents who encourage, support and love the children in their care like their own.

I would like to acknowledge the immense generosity of spirit of those who choose to be foster parents. I find it more than admirable that parents open the door of their lives, their privacy and their homes to children who need love and support. With all the difficulties and challenges involved in the mission of putting these children who suffer from different deficiencies back on the right path, these parents are extraordinary human beings with inner wealth and goodness!

I LOOK FORWARD TO MEETING YOU!

#### **ANNUAL SYMPOSIUM AND ANNUAL GENERAL MEETING 2019**

During the next FFARIQ symposium on September 28<sup>th</sup>, I will have the privilege of meeting you and presenting my conference entitled «When the event serves as a springboard». In my life, I've taken several hits... slaps in the face, as they say! Then I realize that these hardships have allowed me to grow from within and to be more human in relation to one another. Even if our realities are different, I believe it is possible to make connections between my experience and the experience of foster parents. We all experience darker periods and periods of light. I hope you can draw inspiration from my stories to first find the strength in you to continue. Above all, I would like us to realize that the discomfort we sometimes experience can turn into a positive one and that it can even be used to help others in a similar situation.

Those who follow me on social networks know that I really like inspiring quotes. I would like to leave you with a quote that I think sums up the community of FFARIQ members: Alone we go faster, together we go further!

Namaste.

Jean-Marie Lapointe



Did you book your place at the symposium?

#### **ON THE PROGRAM:**

- Inspiration: lectures by Jean-Marie Lapointe and Hélène Allard
- Tips, help and advice: Exhibitors' fair
- Fun: banquet and dance evening

#### **DATE:**

September 28th and 29th

#### **PLACE:**

Hôtel Sheraton Laval

#### **BOOKING:**

Hurry up! Reservations close on August 27th!

## FF: SAME / not the same

Same dedication, same love of children, same desire to help, but very different rules and procedures.

## According to our survey ...

some resources would like to know the points that differentiate proximity families, family-type resources and mixed banks.



### FAMILY-TYPE RESOURCE (FTR)

### MIXED BANK (MB)

### PROXIMITY FAMILY (PF)

#### DIFFERENCES AND SIMILARITIES IN CONTRACTS BETWEEN FT - MB - BF

The family-type resource may, in collaboration with the institution that signed the specific agreement, decide on the number of places it wishes to have. These places exist from the time the specific agreement is signed until the end of the contract, even if one or more places are not filled at certain points in time.

The specific agreement may also provide for so-called «specific» places, i.e. places that exist only for a particular child and are automatically closed if the child is no longer placed in the foster family.

Since the purpose of a placement in a mixed bank is adoption, the children in their care are normally placed in a so-called «specific» place. The effect is that when the adoption is formalized, the place occupied by this child no longer exists.

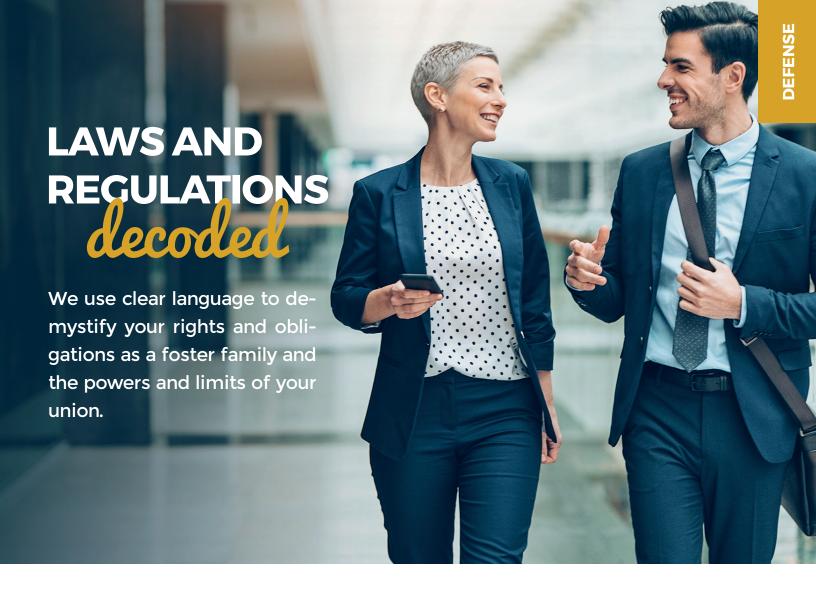
Since placement in a proximity family is made specifically because of the significant relationship between the child and the PF, the places recognized in the specific agreement will be so-called «specific» places.

#### **TYPES OF USERS**

The family-type resources may specify the type of children they wish to accommodate. These criteria may be based on age, gender or different issues a child may encounter (e.g., drug addiction, physical or intellectual disability, mental health, etc.).

The mixed bank families may specify the type of children they wish to receive. These criteria may be based on age, gender or different issues a child may encounter (e.g., drug addiction, physical or intellectual disability, mental health, etc.).

The proximity family cannot specify what type of child they wish to receive since at the time of signing the specific agreement; the child is already in the PF.



I do not agree with the classification, can I dispute it?



You may dispute it with a **written request** for a review stating the reasons, and this, within **10** days upon the date you received the classification.

Could the request for a review be refused after analysis?



Any request that the institution considers frivolous, vexatious or made in bad faith may be rejected with supporting reasons. This will end the dispute without any possible arbitration procedure.

#### THE STEPS FOR DISPUTING CLASSIFI-CATION ARE AS FOLLOWS

- During the review, only the FF, its association and the person who did not perform the initial classification are entitled to be there:
- The FF presents its observations;
- The institution has 30 days to submit the reasoned decisions;
- Once the decision is reached and the classification amended, it is retroactive to the effective date of the classification:
- For all responses to the request for a review, no dispute procedure is possible.



## 72 years old and a proximity family



In an effort to ensure confidentiality and respect for the privacy of this proximity family, we have changed the first name of the person who so generously agreed to share her experience. When Eloise first found out she was going to be a grandmother, she had no idea that her granddaughter would be part of her daily life until her adulthood. It is a beautiful story of dedication and self-sacrifice that Éloïse tells.

It is in 2011 that her granddaughter was born, daughter of her son, when he was no longer in a relationship with the mother. Due to particular conditions known to the CPS, they immediately took charge of the newborn. The emergency foster families ball has begun: four families in one month!

Eloise's son did not want his daughter to be cared for by strangers. He therefore requested custody. The court granted him custody under certain conditions. Unfortunately, he was unable to stay on course, which brought the little one back into foster families.

Eloise was torn apart by knowing her granddaughter was being placed with a different family. Despite her situation as a single woman, she volunteered to welcome her into her home. This request is granted for a week, then a month, then a year. Finally, the judge approved a placement until the majority. «For me, it was a gift from heaven,» recalls Eloise. Welcoming my granddaughter into my home has completely changed my life in a positive way. I have diabetes and I had other health problems.

« Since my granddaughter is with me, I no longer have any health concerns except diabetes, which is now under control. It is a true gift from God.»

#### LOVE IS STRONGER THAN ANYTHING

For nearly eight years now, Eloise has had custody of her grand-daughter, whom she takes care of alone. She does activities with her father every Sunday and one or two other days a week. Sometimes, Eloise takes the opportunity to take a break, but often she is present at meetings because the little one needs a figure of stability with her to feel reassured and in contact with others.

The thing is that this little girl has a particular condition. At about 4 or 5 months old, Eloise is worried that her granddaughter cannot turn to her side or stomach. She is therefore seeking medical advice. After multiple examinations and one year of physiotherapy, the diagnosis of paralysis is considered but is not certain.

Far from giving up, Eloise continues to take care of her grand-daughter and does everything she can to stimulate her development. Almost four years later, a diagnosis was finally made. The little one suffers from an autism spectrum disorder (ASD) that causes it to misunderstand emotions, both its own and those of others. Which leads to disturbing behaviour.

Until her granddaughter was 7 years old, Éloïse had the help of a specialized educator. Now she has to consult a speech therapist in private, but her modest financial situation only allows her to have two consultations per month. However, her granddaughter would need support every day! CPS will be able to provide speech-language pathology services, but a new assessment by a physician is required. And since hardships rarely happen alone, Eloise and her granddaughter no longer have a family doctor. This complicates and lengthens the procedures for meeting CPS's requirements.

Despite everything, Eloise shows courage and determination. The grandmother proudly recounts her granddaughter's progress and achievements. She has greatly improved her language and the recognition and expression of emotions. She goes to school in grade 3 specialized for ASD in a group where there are seven children, a teacher, a specialized educator and an intern. She also takes ballet classes. According to her grandmother, she has a lot of talent and is proud of herself during the shows she gives with her class.

Éloïse says she is happy with her granddaughter and is full of hope. She does everything in her power to offer her girl a harmonious development. Éloïse dreams of a good life for her granddaughter where she will be independent, have a job and an apartment. She firmly believes in it and has full confidence in the potential of her granddaughter.

«I love her. And so does she. In fact, she told me yesterday, «We are lovers, we are getting married."

It shows that love is always stronger than anything!

#### ON THE WAY TO KINDERGARTEN....

## TIPS, TOOLS AND TRICKS TO PREPARE YOUR CHILD FOR A SUCCESSFUL TRANSITION

Here are some ideas to support and accompany your child so that he or she is better prepared when the time comes to start kindergarten.

#### **SOCIALLY...** everyday stuff

#### **BUILDING A GOOD SELF-ESTEEM**

**REMEMBER:** The beneficial and satisfying experiences you provide your children will enhance their self-esteem. It will therefore give them a lot of self-confidence and promote social skills.

- · Give them the chance to push themselves, to experience success in what they do.
- · Congratulate them for their efforts.
- · Give them responsibilities while making sure it matches their abilities.

#### MAINTAIN GOOD RELATIONSHIPS WITH PEERS AND ADULTS

**REMEMBER:** At school, they will live with different adults and many children their age.

- Give them the chance to be around children their own age so they can learn to share and manage small conflicts.
- Without you being present, allow them to spend some time with other adults, with people with whom they feel confident and safe.

#### **WAITING FOR YOUR TURN**

**REMEMBER:** At school, they will have to line up several times during the day. They will have to wait their turn to pick up equipment or during their lunch period.

- Don't give them everything right now. Before serving or responding, inform them of a short waiting time, 2-3 minutes.
- Teach them to wait a few minutes when they have to go out to the grocery store or to the park with you.
- · Make them wait their turn when it's time to brush their teeth or serve themselves at the table.

#### **ESTABLISH RESPECT FOR DISCIPLINE**

**REMEMBER:** As soon as your child enters kindergarten and throughout his or her school years, he or she will have to comply with new rules and instructions.

- Remain constant when applying rules, otherwise it is better not to put them in place. Be a role model and respect these rules too.
- · Be clear and consistent when setting up a rule. Explain the rule so that the child understands it.

#### **ACADEMICALLY...** everyday stuff

#### **PSYCHOMOTRICITY**

- · Make them climb, jump, run, roll and leap.
- Let them work with brushes, small nails and a hammer (in your presence).
- Let them measure, cut, draw.
- Teach them to tinker with little things to handle.
- Do different sports activities with them.

#### **LANGAGE**

- Let them speak when a situation arises. Ask them for their opinion on different topics.
- Allow them to express themselves and to follow through with their ideas.
- Play at making synonyms with words so that they broaden their vocabulary.
- Have them repeat an instruction you just told them.

#### PRE-WRITING

- They ask to write their name, scribbles, draw lines and try to recreate letters.
- Ask them to write messages to you, allowing them to write things that are not words.
- They pretend to spell words or read a text to you.
- Take every opportunity to write in their presence.

#### **PRE-READING**

- Establish a reading routine on topics of interest to your children.
- Tell them stories and involve them by asking them questions.
- Show them various images and read the small text below by passing your finger under the text from left to right.
- Look at the flyers, newspaper or magazines with them.

#### **MATHEMATICAL LOGIC**

- Have fun counting the number of forks, knives, plates or glasses when you put away the dishes.
- · Compare lengths, shapes, weights.
- Classify objects by colour or utility when it comes to storage.
- Make a necklace with a blue, red, yellow and yellow pearl and start the series again.
- · Associate geometric shapes with its environment.



HÉLÈNE ALLARD
CERTIFIED COACH, CERTIFIED
TRAINER AND PEDAGOGICAL
ADVISOR.



## INTERregions

To ensure that all foster families are treated fairly from one region to another, we are working to harmonize practices and procedures and implement solutions to some regional inconsistencies. Discover the latest advances.



JEAN-FRANÇOIS RIOUX LCCA COORDINATOR FOR THE FFARIQ

#### Hello everyone,

In this beautiful summer period, I am pleased to be writing to you to tell you about another matter that we have settled for several regions. As you know, my goal and mission is to create a certain consistency between regions while respecting your local colours.

### Parental contribution forms - attendance / absence: it's over!

For some time, it had been brought to my attention that in some regions, resources had to fill out forms on the parental contribution presence / absence. The entire FFARIQ team examined this issue and after meetings with the regional committees, the institutions concerned and the Ministry, I was mandated to meet with these institutions to inform them of the FFARIQ's decision-making process.

I would like to inform you that September 2019 will mark the end of this obligation for all our regions. During the month of August, the FFARIQ will send an official e-mail to the institutions concerned about the cessation of this practice. Resources will also be informed by mail as well as through their regional committee and private Facebook groups.

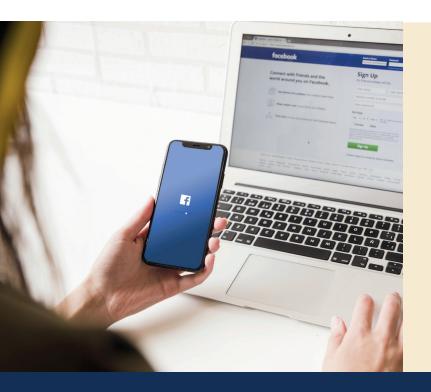
Please note that we are not talking here about the billing form that we must return before the 5th of each month for payment.

### Arrival of resources for CRDI children: standardization starting this fall

As you may have noticed, we have welcomed CRDI children's resources. We just touched on the problem, but as of September, my mandate will be to work to standardize work methods, forms, reimbursements, pre-authorizations, etc. (We are all foster families for children represented by the FFA-RIQ and have the same collective agreement.)

Thank you!

Find out what's happening in each region: training, regional tour, issues of concern to foster families and, of course, answers.



#### In case ...

you have not yet subscribed to the private Facebook group in your different regions and would like to become a member now, here is the procedure to follow:

- Sign up by sending an email to the local Facebook account manager;
- Search Facebook by entering the administrator's ID and then make a friendship request. When it is accepted, you can be included in the group and you can ask your questions.

### THE INFORMATION NECESSARY FOR ACCESSING THE FACEBOOK OF THE REGIONS IS AS FOLLOWS:

REGION	ADMINISTRATOR	EMAIL	IDENTIFICATION
Mauricie/CentreduQuébec	Sylvain Bilodeau	sbilodeau@ffariq.ca	Sylvain Bilodeau
CôteNord	MélanieGagnon	mgagnon@ffariq.ca	Melanie Gagnon
Québec	FrancineBoutin	fboutin@ffariq.ca.	Francine Boutin
Caspésie	SylvainBilodeau	sbilodeau@ffariq.ca	Sylvain Bilodeau
Laval	AnnieBlouin	ffariq13@outlook.com	AnnieBlouin
Outaouais	Lucie Renaud	lucierenaud63@gmail.com	Lucie Renaud
Laurentides	Louise Fleurent	laurentides.ffariq@gmail.com	Laurentides
Batshaw	RossWilson	patriotic101@hotmail.com	RossBWilson

## ECHO OF THE regions Dear foster families,

#### **Success**

Many of you have asked us about the filing of deviation note(s) in your personal file without you being informed. First of all, what is a deviation note? This is a note that the intervener places on a foster family's file when she considers that it does not fully meet the expectations of the CPS. The foster family must then request a correction of personal information in order to provide its version of the facts and have inaccuracies corrected. Remember that a deviation note can lead to an administrative investigation.

The FFARIQ has discussed with CPS and has concluded a memorandum of understanding. As a result, since 2018, the institution no longer uses the deviation note form. To record comments in the FF's file, it will ensure that it complies with section 91 of the Act respecting access to documents held by public bodies and will attach these comments to the social workers' notes.

#### **Resolutions**

The institution has set up a committee to monitor the quality of services provided to children in the care of foster families. This quality is reflected both in the attitudes and human contacts established between the staff of the institution and the foster families, as well as in the procedures and services provided to the children in care.

The mandate of this committee is to monitor the application of the quality control process in the institution in accordance with departmental guidelines. It makes it possible to highlight trends in the quality gaps observed and to discuss the issues encountered with the many actors involved in the process. The committee is led by Chantale Bournival, Deputy Director SAPA-AQGMAS, responsible for the application and monitoring of the reference framework in the institution. All the trade union bodies affiliated to the different type of resource were present.

#### Meetings

During our regional tour last May in the form of breakfast and dinner meeting, we had more than 150 registrations and here are the topics covered:

- · news from the provincial, ARM, AGM;
- · the raiding;
- $\cdot$  the preparation of the next collective agreement;
- · investment continuity after 18 years of age.

#### **Upcoming Trainings**

There were also 3 informative meetings with lawyer Mylène Leblanc; these meetings were very appreciated and the majority of the comments after the meetings were «2 hours of meeting was not enough». So we plan to repeat this format, but with a schedule of more than 2 hours per meeting. During these meetings, we had more than sixty registrations. A big thank you to all the participants!



### Regional Facebook Page What is the use of the Facebook in our region?

For those who are not yet part of the regional Facebook group, here is an example of a question asked on the site and the corresponding answer:

#### **Ouestion**

A foster family from the region was invited to participate in a Kaizen meeting at the CPS. To prepare for this, the foster family called on all other foster families in the region to gather their opinions and comments on the annual review process for users (children).

#### **Answer**

Many points were raised during this meeting. Among these was the importance for CPS workers to seek out people with a significant connection to the child before the child reaches the age of majority. CPS will thus contribute to the creation of an attachment bond that will facilitate the continuity of services for the child when he or she turns 18 and is no longer under its care.



SYLVAIN BILODEAU
FFARIQ REGIONAL PRESIDENT
MAURICIE CENTRE-DU-QUÉBEC

Sylvan Bilodem

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# ECHO OF THE regions Dear families,

#### Resolution

As you have surely noticed, the FFARIQ supports the institution (CISSS), which is in the process of recruiting new foster families due to a lack of resources. Recently, the institution approached me to ask me to give a testimony on behalf of the FFARIQ and as a foster family. We all hope that this approach will be positive and that all the children on the Côte-Nord who are in need will be able to find a place in our foster homes. With a great collaboration, I am sure it will help!

#### **Meetings**

At the end of May, we had a lunch tour that took place at the 3 locations in our region. The topics discussed were the importance of CNESST membership and the raiding for the next negotiation of our collective agreement, which is fast approaching. During these meetings, several families immediately registered with the CNESST and we also recruited people for the raiding. There was a strong participation in Sept-Îles, more than 17 people were present, while Forestville had 8 participants and Baie-Comeau 5.

#### **ARM**

On June 15th, we held our Annual Regional Meeting (ARM) in Baie-Comeau, but with a low participation rate from our resources, including only 4 families present. The purpose of this meeting is to inform you of our future plans, to review the committee's financial report and to elect new committee members if necessary. I look forward to seeing many of you next time, and thank you for your confidence and participation in our meetings.



#### **Facebook Page**

Our Facebook page is going well and here is one of the questions on the page that could be beneficial to all of you.

#### **Question**

«Do we need someone's permission (CPS or parents) to travel for holidays with the children in our care?»

#### Answer

«You must first inform the worker so that she can inform the parents and make sure that there are no meetings scheduled during this vacation period. If it is for a trip outside the country, you must have a written consent letter signed by the user's biological parents. If there is any refusal on the part of the parents, CPS could intervene.»



MÉLANIE GAGNON

FFARIQ REGIONAL PRESIDENT

CÔTE-NORD

Melani Hognen



I am pleased to discuss with you via our Inform'Accueil. Here are some of the recent developments.

#### **Problem and Resolution**

For some time, CISSS had required us to provide a ticket signed by the specialists (doctor, dentist and others) meeting with our youth. It was a problematic situation because often after the visits we forget to make the request and it delayed the reimbursement of the transport, whereas in the past we did not need this ticket. It was based on trust and it avoided this problem. Following a meeting with our counterparts (CISSS) in a local committee for concerted action, we discussed it and shortly after the meeting, they contacted me to inform me that everything would now be the same again. It concludes that it is no longer necessary to provide signed accompanying tickets when we request a transportation refund.

This is part of the problem-solving approach taken at our very first LCCA meeting.

#### **Upcoming Trainings**

With regard to training, it was noted that there is a lack of participation from foster families, whether it is FTR/PF. Dear resources, you understand that the more adequately you are trained, the better equipped you will be to meet the needs of young people by making the best decisions in order to resolve certain situations.

Recently, a FTR pointed out to me that after taking training, it has helped her a lot and better prepared her to use what she has learned in an appropriate and adequate way to solve some daily difficulties. This is a great example to follow!

«Who did not appreciate the training on attachment disorder?» The investment was worth it, wasn't it? All those who participated in this training appreciated it very much.

When will we receive specific trainings that meet our needs? Ask for them, it is for you that we are working at this stage!



#### **Facebook Page**

I am also pleased that our Facebook page is increasingly being viewed and used to meet your needs.

#### Question

«Is the CISSS paying for summer and day camps?»

#### **Answer**

«If it is written in the child's intervention plan by the worker or if it is clinical in nature then YES the CISSS pays.»

I wish you a wonderful and enjoyable summer. Enjoy travelling in our beautiful province!



GAÉTAN LUSSIER
FFARIQ REGIONAL PRESIDENT
GASPÉSIE/
LES ILES DE-LA-MADELEINE

# ECHO OF THE regions Dear foster families,

First of all, I hope you are having a great summer enjoying the good weather with your kids. You probably noticed with the last Inform'Accueil that the FFARIQ has been given a new look with these new colours and its new dynamism. I hope you enjoyed it.

#### Resolution

As you may already know, our collective agreement will soon be in negotiation. So, if you have any questions, examples or comments for improvement, call us! We are open to listen to you and make your voices heard!

#### **Upcoming Trainings**

We have prepared in collaboration with the regional institution a very interesting training program for the month of August! We have listened to your requests and proposals. We will therefore cover topics that will help you better understand your role as a foster family and how to facilitate your work.

Remember that now we have an amount allocated for our expenses during our participation in the training courses (meals, babysitting). All you have to do is make your refund request once you have completed the training.

#### Meeting

I would like to thank all those who participated in our recognition dinner meeting on May 23rd, which was a great success. But as there were many who couldn't be present, the committee and I decided to combine it with the next Christmas dinner.



#### **Regional Facebook Group**

Our regional Facebook page is a place where you can interact with other foster families like yourself, get the latest news from the FFARIQ and even ask your questions. I invite all of you who have not yet joined the group to contact Ross Wilson who is the manager of our page at patriotic101@hotmail.com and make a connection request.

#### Question

«If a foster family plans a meeting between the child and his or her biological parents at a time that is not convenient for the parents. Is it possible to change the date?"

#### Answer

«Since we work together with the institution for the well-being of everyone, well yes, it is possible to make a request to change the date of the meeting to find one that is convenient for both parties.»



**CLAUDETTE GAUTHIER**FFARIQ REGIONAL PRESIDENT
MONTREAL / BATSHAW



Hello to all our families,

#### **ARM 2019 Regional Meeting**

Proud of the realization of the annual regional meeting last May, on behalf of Quebec's Regional Committee, i want to say: THANK YOU for your participation! Yes, with more than 65 members and nearly 200 participants including children, it was a great day spent with you and, of course, a very enriching gathering! Despite the rain, there was a visit to the aquarium by the youth accompanied by guides and responsible adults while our members attended the annual regional meeting. Around noon, everyone was gathered for a tasting buffet and to exchange between the foster families.

#### **Upcoming Trainings**

In addition, I continue to call on you, dear resources, to arouse your interest and encourage you to get involved in the training courses that will be offered in September. Keep an eye on your mail during the summer, your newsletters, and stay connected to our Facebook group page, because the news will all be there! For our regulars, new training courses are already in preparation and the calendar will be available shortly! The number of participants is constantly increasing and the diversity of training courses is more and more appreciated.



#### **Regional Facebook Group**

Knowing that our inescapable Facebook page allows us to answer you and exchange ideas, keep on writing to us, and above all, don't hesitate to make comments!

#### **Questions**

Q1: "Are we self-employed?"

Q2 : "As for taxes, do we have the right to put certain expenses?"

Q3: "Is it true that self-employed workers have until June to send their taxes to the government?"

#### **Answers**

A1: "We do have a special «autonomous» status that does not allow us to declare expenses since the compensation received is not declared so we cannot claim expenses on no income declared."

A2: "We are not allowed to deduct expenses... we only report the statement 29 regarding our participation in the QPP and parental plan, so no other amounts or expenses to report."

A3: "We have an obligation to do our taxes as of April 30th!"

#### **Events to Come**

In summary, come in large numbers at our first lunch on September 13th. There will be one contest on this occasion to win 3 participations at the Provincial Symposium and the FFARIQ Annual General Meeting to be held on September 28<sup>th</sup> and 29<sup>th</sup>, 2019 at the Sheraton Laval. The prices are as follows: a banquet for 2 people, a one-night room for 2 people, a breakfast for 2 people and a replacement fee of \$120.

We look forward to meeting you soon!



Dear families,

With the year drawing to a close, we can say with certainty that it will end beautifully and hopefully there will be a follow-up.

#### Acknowledgement

Thank you to the families who are present in our meetings and activities. Family exchanges are for all of us a regular and planned opportunity to learn to appreciate each other in a positive way, to focus together on solutions that will facilitate the pleasure of working with children. Together we will develop the social skills necessary for the full development of each individual.

#### **Issues at Stake**

Several problems with repayments came back month after month. Following discussion and in collaboration with the institution, financial training would be appropriate. The aim was not to find a person in charge but to find a solution to facilitate the understanding and completion of the documents.

#### **Meeting and Training**

A meeting with the local training committee was held on June 27th and the mandatory training will be reviewed. A calendar will be published in August or September.

A «Charlotte in Action» training with Edith Boulet, early childhood educator, is planned for August 2019. It is a training on child development and also a resource for families and workers working with early childhood. More details will be communicated to you later by mail and on our Facebook page.



#### **Regional Facebook Group**

Our Facebook page is also a success! The search for a competent guardian is often requested. Previously, foster families had a list provided by the institution, but now this is no longer the case because they can find the list and contact information of people designated for childcare on our regional Facebook page.

#### Question

«What was the daily amount allocated for the first 60 days after the new user arrived back in 2017?»

#### Answer

«From April 1, 2016 to March 31, 2017 - \$48.99» «From April 1, 2017 to March 31, 2018 - \$49.44»

#### 2020 Forecast

During the next year, we want to strengthen the exchanges between foster families with their proposals, make their creativity work, listen to them, value them and involve them.

#### **Upcoming Activities**

This summer, don't forget to put our camping activity for the weekend of August 17-18 in your agenda. You will receive more details by mail and on our regional Facebook page.



**DONATIENNE DUBÉ**FFARIQ REGIONAL PRESIDENT
OUTAOUAIS

Hello everyone,

New president in the beautiful Laval region with two new members on our committee, Ms. Fatiha Chihai as vice-president, Ms. Natacha Étienne as secretary and still on our team, our super treasurer Mr. Pierre Thibodeau. It is with great pleasure that I am talking to you via our Inform'Accueil at the very beginning of my mandate, hoping to have a great experience together!

#### **Upcoming Trainings**

We will have training about the classification tool on Friday, September 13<sup>th</sup> at the head office (local CISSS Laval) located at 308 Cartier Boulevard. It will be a full day of training to help us better understand our work tool.

In addition, on October  $8^{th}$  and  $22^{nd}$  we will have the «attachment» training with Daniel Breton, recommended trainer on the subject. As it was a great success last year but places were limited, we decided to postpone it again this year for those who did not have the opportunity to participate.

The invitation and more details for the training sessions will be sent to you later by mail. Your regional committee is waiting for you in great numbers!

#### **Facebook Group**

Our regional Facebook group is expanding rapidly with new registrations, so I invite everyone who has not yet joined our Facebook group to contact us and we will send you the request. Be aware that the Facebook page is a way to get scoops, talk to foster families like you and even ask questions.

#### **Annual Regional Meeting**

Our annual meeting was held on June 26th with only 11 members present. In addition, we had a great evening with great exchanges. At this meeting, we had the opportunity to thank our president, Ms. Vaunette Durandisse, for all these wonderful years as President and Administrator.

#### FFARIQ's AGM

This year we have the great pleasure of welcoming all FFARIQ members of our region for the annual symposium and AGM to be held on September 28<sup>th</sup> and 29<sup>th</sup>, 2019 at the Sheraton Laval. My team and I look forward to seeing you and meeting you.

Thank you in advance for your participation in the training sessions and in our 2 great days to come at FFARIQ's Symposium and Annual General Meeting.

ANNIE BLOUIN
FFARIQ REGIONAL PRESIDENT

Dear foster families,

It is with great pleasure and emotion that I am addressing you for the last time through our Inform'Accueil. Due to family obligations. I was obliged to terminate my mandate as President and Administrator of the region, which took effect on July 1st, 2019. But don't worry, Ms. Céline Nadeau, our Vice-President, will take over as interim Vice-President for the time being until everything is confirmed in the near future.

#### **Issues at Stake**

The meetings with the institution were very positive overall. With the resources, we were able to properly prepare the subject that was in dispute. What stood out most were the issues with the stakeholders and the incompatibility between the people responsible for the file.

And here are the points discussed:

- · The non-respect of resources;
- · Deficient means of communication between the parties;
- · Interference in the environment of the resource.

All this can make the relationship between the foster family and the person in charge of the case uncomfortable. With an update with the head of the department, we obtained satisfactory results in each of the FTR files concerned. Well done!

#### Resolution

We have informed the local committee for concerted action that the FFARIQ has recommended its members to no longer complete the attendance-absence form. In addition, we have applied for acceptance at the institution and a deadline of September 2019 has been established.

#### **Meeting**

Our ARM was held on June 11th at the Best Western with only 25 registrations. We introduced our new union consultant, Mrs. Raïda Baklouti, to the members. The members present benefited from a conference given by Joane Martineau entitled «Merci la vie» and there was a very good participation. The committee and I thank all those who were present and we count on your loyalty for the 2019-2020 meetings.



### Facebook Group What is the use of Facebook in our region?

For those who are not yet part of the regional Facebook group, here is an example of a question asked on the site and the corresponding answer:

#### Question

«What are the standards in terms of room size?»

#### **Answer**

See in the frame of reference, all the requirements of the physical environment are in chapter 4 on page 107.

As a reminder, the importance of following this training serves to clarify your questions. The document is given to you during the training.



CHISLAINE PELLETIER
ROBITAILLE
FFARIQ REGIONAL
PRESIDENT LAURENTIDES

Shidaine Velletier Abitaille



### PARTNERS benefits

Discounts and privileges: one of the benefits of being part of the big FFARIQ family.

Upon presentation of the FFARIQ privilege card, these merchants have agreed to give discounts to members of the Fédération des familles d'accueil et ressources intermédiaires du Québec. A big thank you!



\$150 on a full pair of prescription glasses or prescription sunglasses - \$25 unifocal lenses - \$50 progressive lenses - \$50 contact lenses - \$50 non-prescription sunglasses of \$100 or more - \$25 for 3 or more bottles of Eye Omega product - \$10 glasses for blue light filtration - \$250 laser vision correction service at the IRIS ophthalmology clinic in Laval. Offers cannot be combined, are not applicable to safety glasses and do not apply to contact lens service contracts or professional services.

Unconditional Guarantee IRIS - Interest-free financing - To benefit from your advantages, you must register at www.iris.ca/avantages

\* Offer valid for all members of your family.



10% off the regular price of all merchandise at regular price. This discount does not apply during a promotion. Visit www.yellow.ca for addresses. Offer valid for all members of your family. Ref. no.: 5033



Payment of both taxes for you on all merchandise at regular price. This offer cannot be combined with any other promotion. Please visit: www.hangar-29.ca for all addresses.

\$50 discount on any purchase of \$500 or more. Also valid in branches

of Maurice Tanguay and Liquida-meubles until December 31, 2019. This offer is valid at all times in all departments.

TANGUAY

Does not apply to previous purchases and cannot be combined with promotions offering the taxes paid. Discount applicable before taxes. Limit one discount per customer. PTR: 441869. Delivery throughout the province of Quebec.



30% discount on all refurbished Ordi vert computers or on in-store service. This discount is valid on regular price merchandise only and is not available in conjunction with any other promotion or sale merchandise.

The discount is valid for foster families only. The person in charge of the foster family making the purchases must present his FFARIQ privilege card. This discount is valid only in ORDI VERT DÉPÔT stores.

Visit www.ordivert.ca to find our addresses.



LA VALLÉE SECRÈTE 10% off the regular admission price for adults and children on all courses.

Visit www.valleesecrete.com for more information on activities.



\$80 discount on the annual subscription (\$33.32 per month) in all centres across Quebec. Upon presentation of the registration letter and the FFARIQ privilege card. This rate is also applicable to spouses and persons 16 years of age and over residing at the same address. www.energiecardio.com



Take advantage of exceptional discounts on subscriptions to major newspapers and magazines. You can get up to 90% off the newsstand price. These discounts are guaranteed to be the lowest on the market. Please refer to your brochure or visit www. rabaiscampus.com



Take advantage of an annual Boomerang network access subscription at \$22.11 + taxes every two weeks. A savings of \$75 plus a \$1.20 discount on each visit! Upon presentation of the registration certificate and the FFARIQ privilege card. Contact us to obtain the registration certificate.



15% off the regular price of an individual or family ticket.

Visit www.biodiversite.net for more information on activities.



75% discount on all 2019 day camps (except Esports Cirque and Colonie Esports camps). To qualify for the discount, simply send an email to info@mtlesportsacademy.com with a photo of your FFARIQ membership card. For more information on the camps, visit www.mtlesportsacademy.com/camp-de-jour-ete-2019



ATTRACTION PARK

2 discount on the regular admission price (adult or child 2 years old and over). Please note that the amusement park is open from June to September.

Visit www.paysmerveilles.com/fr/



15% off the admission price for adults and children. Visit www.bioparc.ca

## REFERENCE

#### **ESPORTS CANADA CONTEST**

In the spring, our foster families had the opportunity to participate in a draw contest to win 10 one-week tickets for an approximate value of \$350 to one of the following summer camps: Sport Camps; Development Camps and Sport+Camps.

#### AND HERE ARE OUR LUCKY WINNERS:

WINNERS	REGIONS
Diane Turcotte	Quebec
Andréa Gelsomino	Quebec
Annie Gilbert	Quebec
Linda Légaré	Quebec
Danielle Moreau	Quebec
Jean-Philippe Hamel	Quebec
Nadine Morel	Quebec
Céline Dumas	Batshaw
Fatiha Chihai	Laval
Dominique Roby	Mauricie Centre-du-Québec

## NEED HELP or information?

Any question is good to ask!

Doubts, difficulties or disputes? The FFARIQ is there for you.



UNION REPRESENTATIVES - YOUR ADVISERS					
NAME	PHONE	E-MAIL	REGIONS		
Daphné Blanchard Beauchemin	514 360-5776, poste 30	bbeauchemin@gaggino.ca	Batshaw		
Olivier Auchu	418 561-9311	oauchu@ffariq.ca	Quebec et Côte-Nord		
Maude Delagrave	581 998-1804	mdelagrave@ffariq.ca	Mauricie/Centre-du-Québec, et Gaspésie/Îles de la Madeleine		
Raida Baklouti	418 554-6493	rbaklouti@ffariq.ca	Outaouais, Laval et Laurentides		

#### SO DON'T HESITATE TO CALL UPON THEM!

The role of union representatives is to answer your questions and assist you if necessary. Whether it is to answer general requests for information, to advise you in the event of difficulties encountered or to assist you in situations of litigation or conflict, they are there for you:

- General information;
- Questions about a difficulty;
- Administrative inquiry;
- Interventions during a report;
- Contestation of the classification review;
- Disagreement.

COMMITTEE EXECUTIF - FFARIQ					
NAME	PHONE	NAME	PHONE		
Geneviève Rioux, President	819 691-6958	Johanne Blais, Treasurer	819 448-3542		
Mélanie Cagnon, Vice-president	418 587-0209	Francine Boutin, Secretary	581 998-5238		

#### **FFARIQ HEAD OFFICE - QUEBEC**

Telephone 418 529-4734 Maryse Breton, Accountant, mbreton@ffariq.ca
Toll-free 1 866 529-5868 Nathanielle Lacmale, Executive assistant, nlacmale@ffariq.ca
Fax 418 529-0456 Anne Cecile Zagouta, Advisors assistant
Toll-free 1 866 388-8860 Isabelle Lamontagne, receptionist-secretary,
Email info@ffariq.ca ilamontagne@ffariq.ca



If you have a difficulty or disagreement, you not only have the right to be accompanied by a representative, but it is even preferable. Feel free to exercise your right, and call us.